

**TOWARDS THE UNDERSTANDING
OF POST-GLACIAL SPREAD OF HUMAN
MITOCHONDRIAL DNA HAPLOGROUPS
IN EUROPE AND BEYOND:
A PHYLOGEOGRAPHIC APPROACH**

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Dissertation is accepted for the commencement of the degree of Doctor of
Philosophy (in molecular biology) on May 18, 2004 by the Council of the
Institute of Molecular and Cell Biology, University of Tartu.

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Commencement: Room No 217, Riia 23, Tartu on June 18, at 9.15

The publication of this dissertation is granted by the University of Tartu

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Tartu Ülikooli Kirjastus
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Tellimus nr. 258

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LIST OF ORIGINAL PUBLICATIONS

The current dissertation is based on the following publications referred to in the text by their Roman numerals:

- I. **Tambets, K.**, Rootsi, S., Kivisild, T., Help, H., Serk, P., Loogväli, E.-L., Tolk H.-V., Reidla, M., Metspalu, E., Pliss, L., Balanovsky, O., Pshe-nichnov, A., Balanovska, E., Gubina, M., Zhadanov, S., Osipova, L., Damba, L., Voevoda, M., Kutuev, I., Bermisheva, M., Khusnutdinova E., Gusar, V., Grechanina, E., Parik, J., Pennarun, E., Richard, C., Chaventre, A., Moisan, J.-P., Barać, L., Peričić, M., Rudan, P., Terzić, R., Mikerezi, I., Krumina, A., Baumanis, V., Koziel, S., Rickards, O., De Stefano, GF., Anagnou, N., Pappa, K.I., Michalodimitrakakis, E., Ferák, V., Füredi, S., Komel, R., Beckman, L., Villems, R. (2004) The western and eastern roots of the Saami — the story of genetic “outliers” told by mtDNA and Y-chromosome. *American Journal of Human Genetics* 74, 661–682.
- II. Torroni, A., Bandelt, H.-J., Macaulay, V., Richards, M., Cruciani, F., Rengo, C., Martinez-Cabrera, V., Villems, R., Kivisild, T., Metspalu, E., Parik, J., Tolk, H.-V., **Tambets, K.**, Forster, P., Karger, B., Francalacci, P., Janicijevic, B., Rudan, P., Rickards, O., Savontaus, M.-L., Huoponen, K., Laitinen, V., Koivumäki, S., Sykes, B., Novelletto, A., Moral, P., Sellitto, D., Santachiara-Benerecetti, A.S., Semino, O., Scozzari, R. (2001) A Signal, from human mtDNA, of postglacial recolonization in Europe. *American Journal of Human Genetics* 69, 844–852.
- III. Reidla, M., Kivisild, T., Metspalu, E., Kaldma, K., **Tambets, K.**, Tolk, H.-V., Parik, J., Loogväli, E.-L., Derenko, M., Malyarchuk, B., Bermisheva, M., Zhadanov, S., Pennarun, E., Gubina, M., Golubenko, M., Damba, L., Feodorova, S., Gusar, V., Grechanina, E., Mikerezi, I., Moisan, J.-P., Chaventre A., Khusnutdinova, E., Osipova, L., Stepanov, V., Voevoda, M., Achilli, A., Rengo C., Rickards, O., De Stefano, G. F., Papiha, S., Beckman, L., Janicijevic, B., Rudan P., Anagnou N., Michalodimitrakakis, E., Koziel, S., Usanga, E., Geberhiwot, T., Herrnstadt, C., Howell, N., Torroni, A., Villems, R. (2003). Origin and diffusion of mtDNA haplogroup X. *American Journal of Human Genetics* 73, 1178–1190.
- IV. **Tambets, K.**, Tolk, H.-V., Kivisild, T., Metspalu, E., Parik, J., Reidla, M., Voevoda, M., Damba, L., Bermisheva, M., Khusnutdinova, E., Golubenko, M., Stepanov, V., Puzyrev, V., Usanga, E., Rudan, P., Beckman, L., Villems, R. (2003) Complex signals for population expansions in Europe and beyond. — In: *Examining the Farming/Language Dispersal Hypothesis* (Cambridge University Press), 449–457.

- V. Tambets, K.**, Rootsi, S., Kivisild, T., Villems, R. (2001) The concepts of Richard Indreko about the origin of the Finno-Ugric speakers and the population genetics of the extant North-East European populations. *TRAMES*, 5 (55/50), 1, 59–74.

My contribution to the articles referred in the current thesis is as follows:

Ref. **I** — a) conceived and designed the mtDNA experiments; b) performed the mtDNA experiments of 160 U5 genomes, analyzed the mtDNA variation of the populations listed in *Subjects and Methods*; c) performed the statistical and phylogeographical analysis of mtDNA; d) wrote the paper;

Ref. **II** — a) participated in performing the experiments: analyzed the mtDNA variation (HVS-I sequencing and RFLP analysis) of 148 Estonians and 199 Albanians; b) assisted in the analysis of the data and; c) in the preparation of the manuscript;

Ref. **III** — a) participated in performing the experiments: analyzed the mtDNA variation (HVS-I sequencing and RFLP analysis) of 1622 DNA samples from 409 Estonians, 192 Latvians, 318 Swedes, 199 Albanians, 116 Hungarians and 388 Turks; b) assisted in the analysis of the data and; c) in the preparation of the manuscript;

Ref. **IV** — a) conceived and designed the experiments; b) analyzed the data; c) performed the phylogeographic analysis of mtDNA; d) wrote the paper;

Ref. **V** — a) conceived and designed the experiments; b) analyzed the mtDNA data; d) wrote the paper;

ABBREVIATIONS

AMH	anatomically modern human
bp/kbp	base pair/thousand (kilo) base pairs
CRS	Cambridge Reference Sequence
D-loop	displacement loop/control region of mtDNA
DNA	deoxyribonucleic acid
hg(s)	haplogroup(s)
HVS-I/HVS-II	the first/second hypervariable segment
LD	linkage disequilibrium
LGM	the Last Glacial Maximum
MRCA	the most recent common ancestor
mtDNA	mitochondrial DNA
np(s)	nucleotide position(s)
OXPHOS	oxidative phosphorylation
PCR	Polymerase Chain Reaction
RFLP	Restriction Fragment Length Polymorphism
RNA	ribonucleic acid
rRNA	ribosomal ribonucleic acid
tRNA	transfer ribonucleic acid
YBP	years before present

Definitions of basic terms, used in current dissertation

Haplotype (= lineage)	mtDNA sequence with characteristic polymorphisms, encompasses all identical sequences;
Haplogroup	monophyletic clade of haplotypes sharing characteristic defining sequence polymorphisms;
Founder haplotype	common ancestral haplotype to which all haplotypes under concern coalesce to;
Coalescence time	time to MRCA;
Phylogeography	the study of the spatial distribution of genealogical lineages;
Star-like phylogeny	phylogeny of a set of sequences that mostly (or all) coalesce to the same haplotype

1. INTRODUCTION

For the past two decades the maternally inherited mitochondrial DNA (mtDNA) and, for a slightly shorter time, its paternally inherited counterpart — the Y chromosome — have been in the limelight of genetic studies to elucidate the demographic history of humankind. MtDNA was the first polymorphic DNA system examined in humans for evolutionary purposes. The study of maternal lineages in extant populations and efforts to also add ancient DNA into this analysis has provided a great deal of information about the evolution and dispersals of anatomically modern humans (AMHs).

The first clear evidence about the existence of genetic differences between individuals was obtained more than a century ago when Karl Landsteiner in 1901 described different blood groups of the AB0-system. More extensive studies in this area started in the 1950s–1960s when systematic analysis of the variation of proteins in world populations became possible. The transition from the analysis of protein polymorphisms to the studies of diversity of genes started in 1980s. While the main aim of the first studies was to get information about how genetic variation is associated with diseases, they also widened the understanding of how this variation may reflect demographic history of humans.

The analysis of uniparentally inherited marker systems allows population geneticists to add a truly novel dimension compared to that of classical genetic marker studies. Above scoring the differences in allele frequencies and seeking similarities and differences between populations, the value of which is sometimes questionable, one may construct phylogenetic trees of individuals that rely on well-understood genealogical relationships.

The focus of this work is the analysis of genetic diversity of maternal lineages in different Eurasian populations, as well as the environmental and cultural processes that might have been involved in the shaping of this variety. Here, under my particular interest is a population whose place in the European genetic landscape has been obscure — the Saami. Novel experimental mtDNA data offers an opportunity to use the phylogeographic approach in the study of different branches of the mtDNA tree to analyze the time depth of their expansion and, less directly, of their split from sister branches of the tree and to follow the directions of their spread. In this study, three different phylogenetic surveys, all of them related to the post-Last Glacial Maximum (LGM) recolonization of Eurasia by AMHs, are discussed.

Knowledge about the general topology of the global mtDNA tree provides the basis for investigating many interesting details of mtDNA variation in different regions. Thus, the first section of this study gives an overview about the special properties of mtDNA and its worldwide variation, with an emphasis on the European mtDNA variety. It also includes a short description of methods used in phylogenetic analyses, and an overview of current hypotheses on the origin of AMHs.

2. LITERATURE OVERVIEW

2.1. Structure and organization of mtDNA

MtDNA is an extranuclear genome of eukaryotic cells. Each mitochondrion contains usually 5–10 mtDNAs in its matrix. The number of mtDNAs in the somatic cell is about 1,000–10,000 (Lightowlers *et al.* 1997). Human mtDNA is a circular double-stranded molecule with a size of approximately 16.6 kbp (Anderson *et al.* 1981; Andrews *et al.* 1999, see fig. 1). It codes for 22 distinct transfer RNAs, two ribosomal RNAs and for 13 protein genes, which are mostly involved in the electron transport and oxidative phosphorylation (OXPHOS) pathway — the energy producing system of the cell located within the mitochondrial inner membrane. This system is made up and controlled both by the products of genes, encoded in nuclear DNA and mtDNA. The majority of proteins of OXPHOS enzyme complexes are encoded in the cell nucleus and transported to mitochondria from cytosol. Most of the genes are transcribed from guanine-rich heavy (H) strand of mtDNA, only the sixth subunit of complex I and eight tRNAs are transcribed from cytosine-rich light (L) strand (for a review, see Wallace *et al.* 1999).

The organization of the mtDNA genome is conserved in most of the metazoan organisms (Saccone *et al.* 1999), which denotes the essential role of the same minimal set of proteins for respiration and oxidative phosphorylation. Mammalian mtDNA has been built up extremely economically — it almost lacks noncoding regions and all of the coding sequences are contiguous (Anderson *et al.* 1981). The largest noncoding region is the D-loop or control region, which is a 1.1 kbp segment that contains the control elements for replication and transcription of mtDNA (Lightowlers *et al.* 1997, see fig. 1).

According to a generally accepted view, mitochondrion is a remnant of a prokaryotic organism, which became endosymbiotic with a eukaryotic cell soon after the appearance of eukaryotes *ca* 1.5×10^9 years ago (Margulis 1975). Phylogenetic analyses based on mtDNA genes indicate that they are most closely related to those found in genomes of alpha-proteobacteria (Andersson *et al.* 2003). Mitochondria have co-evolved with their “hosts” and during the evolution many of their genes have been exported into the nucleus of the cell. A wide variety of fragments, very likely deriving from the mitochondrial genome, are also found from the human genome. Some of them code for essential mitochondrial proteins and are transported, via specific mechanisms, back to the mitochondrion. There is also a wide variety of pseudogenes or just fragments of DNA of a likely mtDNA origin (Zischler *et al.* 1995; 1998; Bensasson *et al.* 2003). However, a multitude of mitochondrial proteins encoded in the nucleus display no homology to bacterial proteins, indicating that they have originated within the eukaryotic cell subsequent to the acquisition of the endosymbiont (Andersson *et al.* 2003).

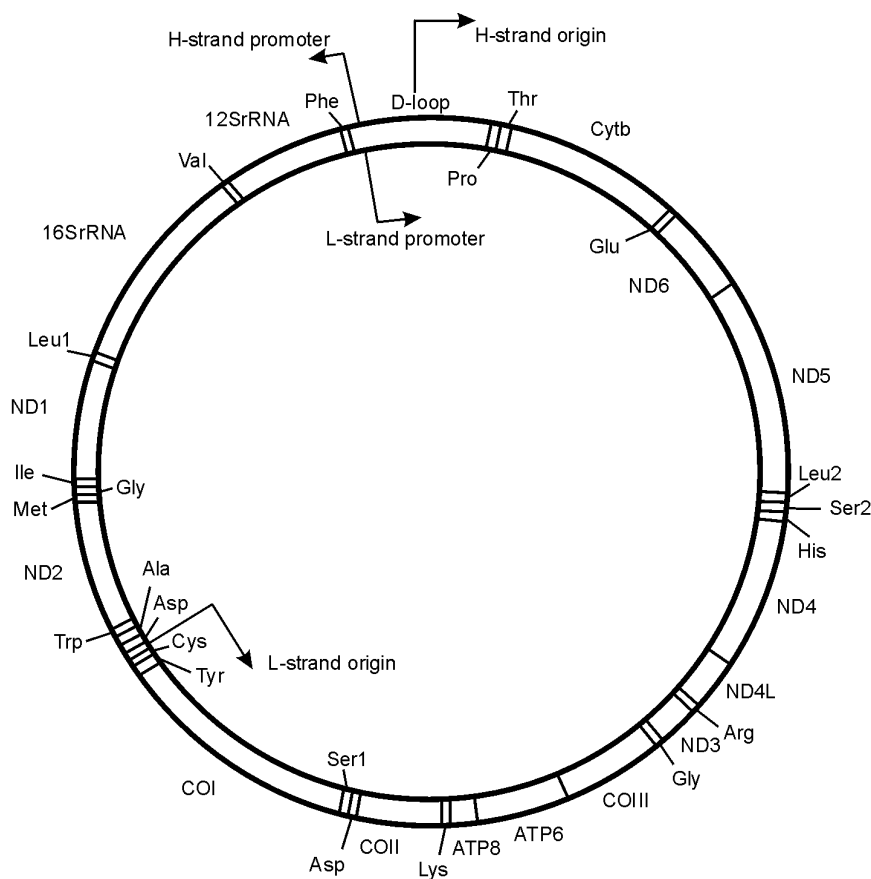


Figure 1 Human mtDNA (16.6 kb) genomic map. Location of the genes of seven subunits of OXPHOS complex I (ND1, 2, 3, 4, 4L, 5 and 6), one subunit of complex III (Cytb), three subunits of complex IV (COI, COII and COIII), two ribosomal RNAs (12SrRNA and 16SrRNA), 22 tRNAs and D-loop region are shown. Genes that are transcribed from the H-strand and L-strand are shown outside or inside the circle, respectively. Arrows indicate the location of promoters for transcription and replication origins for both strands.

2.2. Special features of mtDNA

MtDNA, compared to nuclear genes and nuclear DNA in general, has a number of special characteristics that make it a useful marker for phylogenetic studies. These are maternal inheritance, lack of recombination, homoplasmy and a relatively high mutation rate. A special aspect is the neutrality of its evolution — a problem that has been discussed extensively again only very recently.

2.2.1. Maternal inheritance and the lack of recombination. MtDNA as a single locus

Mammalian mtDNA is maternally inherited (Giles *et al.* 1980). In fertilization, the sperm mitochondria are imported into the oocyte, but selectively eliminated in early stages of embryogenesis (Manfredi *et al.* 1997; Sutovsky *et al.* 2004). Ubiquitination of the mid-piece of the sperm has been proposed to act as one of the signals for destruction of paternal mtDNA in a fertilized cell (Sutovsky *et al.* 1999). The penetrance of paternal mtDNA in a developing organism is further hindered by a much larger amount of maternal mtDNA, whose copy-number in mature oocytes exceeds 100,000, while the sperm cell contains only 50–1,200 mtDNA genomes (Michaels *et al.* 1982; Diez-Sanchez *et al.* 2003). The leakage of paternal mtDNA has been reported in human polyploid as well as in some normal embryos, generated by *in vitro* fertilization techniques (St John *et al.* 2004). This might suggest that the transmission of paternal mtDNA is more frequent in the case of the poor-quality oocytes. One case of paternal leakage of mtDNA in with a patient on the background of severe metabolic disease has been reported (Schwartz and Vissing 2002) and discussed (Bromham *et al.* 2002), but there is no evidence for mtDNA paternal transfer in normal conditions.

Maternal mode of inheritance and the lack of recombination (Olivo *et al.* 1983; Merriwether *et al.* 1991; Elson *et al.* 2001; Piganeau and Eyre-Walker 2004) offer a possibility to track individual genealogies and their evolution through the genetic history of human populations. From time to time, several groups have questioned the lack of recombination in humans. Because only non-recombining loci have a single unique genealogical history, a presumed recombination, if true, would have a profound effect to the current interpretation of human mtDNA variation. In 1999, three studies challenging the view of non-recombining mode of human mtDNA heritage were published. Awadalla *et al.* (1999) tested statistically the level of pairwise linkage disequilibrium (LD) as a function of the distance between sites and found that LD declines with increasing distance, hinting to recombination. Eyre-Walker *et al.* (1999) used the phylogenetic approach for the same purpose. They analyzed the amount of homoplasies among human mtDNA coding region sequences and concluded that the frequency of parallel mutations at the same nucleotide position (np) is much higher than expected on the basis of single rate of synonymous mutations and suggested that this finding can be explained by recombination. Hagelberg *et al.* (1999) discovered a putative recombinant control region haplotype among individuals from one Pacific island population, but later the authors corrected their interpretation after finding out the sequence alignment errors (Hagelberg *et al.* 2000). However, claims about the presence of recombination in mtDNA have received strong criticism both on methodological and on data-quality grounds (*e.g.* Macaulay *et al.* 1999a; Kivisild and Villems 2000; Kumar *et al.* 2000). Other analyses (Ingman *et al.* 2000; Jorde and Bamshad 2000; Elson *et*

al. 2001) and reanalyses (Piganeau and Eyre-Walker 2004) have not found evidences of occurrence of recombination in mtDNA.

Due to the lack of recombination, mtDNA acts as a single locus. The effective population size of the mitochondrial genome is only one fourth that of the autosomal loci. The influence of genetic drift thus makes the mitochondrial genome more sensitive to random fluctuations of allele frequencies than that for the autosomal loci.

2.2.2. Homoplasmy

Various tissues of the same individual usually share only one type of mtDNA — this condition is referred to as homoplasmy. When a mutation arises, there may be complete switching to the new mtDNA variant within a single generation (Poulton *et al.* 1998 and references therein). If the switching is incomplete then two or more types of mtDNA can be observed in a cell. This state is called heteroplasmy.

Homoplasmy is thought to be important for the maintenance of the normal mitochondrial function through the coordinated expression of the mitochondrial and nuclear genes (*e.g.* Hirata *et al.* 2002) and is believed to be preserved by the genetic bottleneck mechanism in the oogenesis, most likely in the stage of primordial germ cells. There is no strict definition for the mtDNA bottleneck — it has been described as an event or series of events at one or several stages of oogenesis, which leads to a reduction in the number of mtDNAs, followed by a rapid increase in mature oocytes (Thorburn and Dahl 2001). Different numbers (from 1 to 200) of segregating mtDNA units have been suggested for mammals (Koehler *et al.* 1991; Jenuth *et al.* 1996; Marchington *et al.* 1998; Poulton *et al.* 1998).

2.2.3. Mutation rate in human mtDNA

On average, mtDNA accumulates mutations more than 10 times faster than does the nuclear genome (Brown *et al.* 1979; Ingman and Gyllensten 2001). This phenomenon leads to high level of within-population polymorphisms. A high mutation rate of mtDNA is associated with several properties of mtDNA, different from those of nuclear genome, and with the peculiarities of processes taking place in the mitochondrial OXPHOS pathway. Firstly, mtDNA lacks protective proteins like histons. Secondly, mtDNA is exposed to oxidative damage by reactive oxygen radicals — by-products of OXPHOS. Thirdly, it has been suggested that the reparation system of mtDNA is not as effective as that in the nucleus (Bogenhagen 1999), although many elements of the mtDNA repair system have been shown to exist in animal mitochondria (for recent review see Mason and Lightowlers 2003).

The fast evolving mtDNA provides more information about recent events in evolution than does a stretch of DNA of an equal length in the nuclear genome. At the same time, the high mutation rate creates possibilities for homoplasy — the same mutation could arise in different branches of the mtDNA phylogenetic tree, thus blurring the possibility to establish an unambiguous (more precisely — the most parsimonious) order of evolutionary events.

The mutation rate is different both for mtDNA regions and nps within a region. Pesole *et al.* (1999) showed that: 1) nonsynonymous nps, D-loop central domain, tRNA and rRNA genes evolve at about a five to ten times lower rate than synonymous nps and two peripheral domains of D-loop; 2) the rate of synonymous sites is quite uniform over the genome, whereas the rate of non-synonymous sites differs considerably between genes; 3) nonsynonymous sites show comparable rates in mtDNA and nuclear genome, synonymous sites and rRNA evolve *ca* 20 times and tRNAs *ca* 100 times more rapidly in mammalian mitochondria. Additionally, transitions have been shown to occur *ca* 12 to 37 times more often than transversions (see Meyer *et al.* 1999 and references therein).

The considerable rate variation has also been observed between different D-loop nps (Hasegawa *et al.* 1993; Wakeley 1994; Macaulay *et al.* 1997; Finnilä *et al.* 2001). For example, the transitions at nps 16093, 16129, 16189, 16311 and 16362 in HVS-I and 73, 146, 150, 152, 195 in HVS-II are considered as mutational “hotspots” and are often observed in different phylogenetic branches of mtDNA. It also raises a possibility that, in “hotspots”, potential recurrent mutations may be missed or overlooked in phylogenetic reconstructions.

In phylogenetic tree-building, differences in mutation rates can be normalized by assigning different weights to the nps with known rate variation (*e.g.* Richards *et al.* 1998). However, “hidden” and/or parallel mutations do not likely harm the outcome in any profound way, provided the level of resolution between the branches of an mtDNA phylogenetic tree is sufficient, *i.e.* the information of basal nodes of the tree is available. Then, the fast evolving positions may, theoretically, blur only the terminal tips of the tree, not distorting its basic topology. The combined usage of information both from fast evolving control region sequences and diagnostic coding region sites has justified itself in many mtDNA population genetic studies (*e.g.* Torroni *et al.* 1996; Richards *et al.* 1998; 2000; Macaulay *et al.* 1999b; Schurr *et al.* 1999; Kivisild *et al.* 2002).

2.2.4. The role of natural selection in the evolution of human mtDNA

The assumption of the neutrality of a genetic marker is one of the cornerstones of many methods that are used in phylogenetic analysis. The theory of neutral evolution was first introduced by Kimura (1968). According to this theory, mutations occur stochastically and their fixation is the result of random drift rather than of natural selection. Occurring deleterious mutations are removed by

purifying selection; positive selection does not play any significant role. This means, theoretically, that the rate of evolution solely depends on the mutation rate. Correspondingly, the simplest model for explaining the present mtDNA variation is the following: mutations have accumulated sequentially along radiating female lineages and have reached to polymorphic frequencies only because of random genetic drift in its various manifestations, whereas the influence of (positive) natural selection has been negligible. The demographic history of a population, or more precisely — of carriers of particular variants — has likely played a decisive role.

According to the “near-to-neutral” theory of evolution there may also be, among the mutations of recent origin in the evolutionary time scale, slightly deleterious ones that are not yet removed by purifying selection (Hasegawa *et al.* 1998; Nachman 1998; Gerber *et al.* 2001). The lack of recombination in human mtDNA makes it a subject of “Muller’s ratchet” — of a genetic mechanism that predicts an accumulation of slightly deleterious mutations. Many authors have tested the neutrality of mtDNA evolution, primarily by estimating the differences between the fixation of nonsynonymous and synonymous substitutions in the mtDNA of different species. They have observed that there is an excess of nonsynonymous mtDNA polymorphisms relative to fixed sequence change (*e.g.* Graven *et al.* 1995; Nachman 1998; Excoffier and Yang 1999). It has been also shown that the “older” branches of the human mtDNA tree contain relatively less nonsynonymous substitutions than the “younger” ones, which can be interpreted by inferring the action of purifying selection on the mtDNA (Moilanen *et al.* 2003; Moilanen and Majamaa 2003; Elson *et al.* 2004; Ruiz-Pesini *et al.* 2004). Recent studies of human populations have compared the ratios of nonsynonymous and synonymous substitutions in different lineages of complete mtDNA sequences from Africa, Asia and Europe (Mishmar *et al.* 2003; Elson *et al.* 2004; Ruiz-Pesini *et al.* 2004). Mishmar *et al.* (2003) and Ruiz-Pesini *et al.* (2004) interpreted the differences between the results of different haplogroups spread in tropical, temperate and arctic zones as evidence for climatic adaptations, and noted that the present continental distribution of mtDNA haplogroups might be non-random, shaped by positive selection. The analysis, however, did not consider the possibility that analogous differences might also exist between lineages that have not been selected according to their geographical origin, as it has been demonstrated (Excoffier 1990; Torroni *et al.* 2001; Moilanen and Majamaa 2003; Elson *et al.* 2004). It has to be noted that the neighbour-joining tree used by Ruiz-Pesini and co-authors was incorrect since the branching order of its clusters did not correspond to the established phylogenetic relationships between the clades of mtDNA.

Due to these special properties, mtDNA offers an opportunity to reconstruct the maternal genealogies, unhindered by the genetic fog of recombination and to detect the differences even among closely related groups that have diverged

within a relatively short time scale. Thus, the genealogy of maternal lineages provides a link between observable sequence variation and evolutionary events that have shaped this diversity. However, one should not forget that in order to draw conclusions about the demographic history of a population the data of different genetic systems (Y chromosome, autosomes) must be analysed and combined with those obtained from maternally inherited mtDNA.

2.3. Phylogenetic trees and networks

The most common way to express the phylogenetic relationships of different genes or organisms is to present those in the tree-like form. Different phylogenetic methods exist that can be used for reconstructing phylogenetic trees from molecular data (*e.g.* Saitou and Nei 1987; Fitch 1977; Felsenstein 1981).

While useful for reconstructing phylogenies from interspecific data, the traditional tree-building methods are often unsatisfactory when applied to human mtDNA data. The reasons for this are short genetic distances between individuals; large sample sizes; homoplasy or parallel mutation events; and reversals of character changes. The resulting mass of equally plausible trees can be best presented by a network, which expresses the alternative evolutionary pathways in a form of unresolved reticulations (fig. 2). The network is generated under the assumption that the evolutionary process has proceeded by employing the smallest number of character changes to create the present sequence variability. For smaller datasets (for example, less than 100 HVS-I sequences) the reduced median network (Bandelt *et al.* 1995), which consists of almost all possible maximum parsimony trees, can be used. Obvious recurrent characters in a network, presented first as reticulations, are reconstructed by splitting characters into new characters that account for the hypothetical multiple hits. Each reduction step employs the parsimony and frequency (of sampled sequence types) criteria as well as the knowledge of different mutation rates of nps. For larger datasets of several hundred sequences, the median joining algorithm (Bandelt *et al.* 1999), where inner branches between shortly connected nodes are sequentially introduced, is most commonly used.

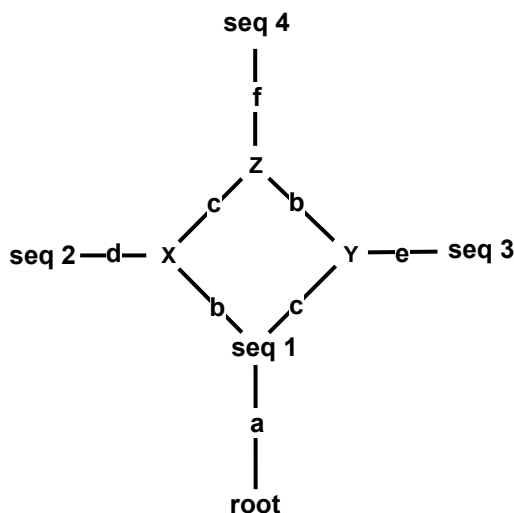


Figure 2 Phylogenetic network of four sequences (seq 1 — seq 4). Alternative possibilities for tree-construction are shown as a reticulation. a, b, c, d, e and f are different characters; X, Y, Z are median vectors.

2.4. Rooting of the phylogenetic tree

To show the temporal stratification of branching events, a phylogenetic tree must have a root. For that, the outgroup that already earlier in evolution has separated from the most recent common ancestor (MRCA) of the studied group will be chosen. In human mtDNA analysis, the corresponding sequences of chimpanzee (Vigilant *et al.* 1991; Ingman *et al.* 2000; Maca-Meyer *et al.* 2001), Neanderthal (Krings *et al.* 1997; Ovchinnikov *et al.* 2000), as well as of the recent insertion of D-loop segment into the nuclear genome (Watson *et al.* 1997), have been used as an outgroup. If the outgroup cannot be determined, the midpoint rooting will be employed. The midpoint root is specified so that the distance from that to all terminal nodes of the tree would be minimal. Midpoint rooting was used in the first studies of human mtDNA (Cann *et al.* 1987), when the data of suitable outgroups was lacking.

2.5. Calibration of the mtDNA molecular clock

The accurate estimation of substitution rates and divergence times is one of the central questions to be answered when discussing the origin and demographic history of modern humans. The main assumptions while linking together the observable sequence variation and the time that has passed to produce it have been as follows: 1) the mutation rate is constant in different lineages; and 2) the particular loci that have been used for calculations are selectively neutral. Important information for calibration of the molecular clock comes from historical records and fossils.

One of the approaches is to estimate the mean rate of mtDNA divergence in geographical regions for which the more or less exact time of colonization is available from historical sources. The extent of differentiation within clusters specific to New Guinea, Australia and the Americas has been used and the divergence rate (twice the substitution rate) estimate between 2–4% per million years has been calculated for whole human mtDNA molecule (Wilson *et al.* 1985; Cann *et al.* 1987; Torroni *et al.* 1994a). The same value for transitions of D-loop HVS-I region (between nps 16090 to 16365) was found to be 36% per million years (Forster *et al.* 1996).

The other possibility is to use an outgroup method, which compares the average amount of sequence variation between two species considering their distance from the MRCA. The time of their split is taken from paleontological evidences. For human and chimpanzee, assuming that orangutan and African apes diverged *ca* 13 million YBP (Andrews 1992), the split has been inferred to occur around 5 million years ago (Horai 1995). The substitution rate at synonymous sites and in the control region has been calculated as 3.9×10^{-8} and 7×10^{-8} per site/per year, respectively (Horai 1995) and in coding region as 1.7×10^{-8} per site/per year by Ingman *et al.* (2000). Close estimates were obtained also by Mishmar *et al.* (2003), who found substitution rate 1.3×10^{-8} for the coding region part of mtDNA assuming 7 millions years for the split between humans and chimpanzees. In the same way, the divergence rate of both hyper-variable segments of D-loop was calculated to be *ca* 15% per million years by Vigilant *et al.* (1991) and 23% by Stoneking *et al.* (1992); for HVS-I alone the estimate was 33% per million years (Ward *et al.* 1991). These estimates suggest that the MRCA of the human mtDNA phylogeny occurred around 200,000 years ago.

One approach that does not require additional information from fossils or historical records considers the pedigree data for calibration and estimates the mutation rate directly from the samples with known genealogy. In those studies (*e.g.* Howell *et al.* 1996; Parsons *et al.* 1997; Howell *et al.* 2003) the obtained mutation rate estimates for control region have been approximately ten times higher than those calculated with other methods. This phenomenon pointed to a possibility that the conventional phylogenetic rates might be underestimated and

together with that also the dates of past divergences might be wrong (Pääbo 1996). However, it is also possible that large proportions of mutations that can be observed in pedigrees are in fact mildly deleterious and will not be fixed — i.e. they will be removed from the mtDNA gene pool. Although the improved knowledge of the differences between the mutation and fixation rates and differences in rates between sites in control region suggest that there is no need to thoroughly revise the phylogenetic estimates of mutation rates (Macaulay *et al.* 1997), the possible role of selection, undetected homoplasmy *etc.* must be kept in mind.

2.6. Early studies of phylogeographic diversity of human mtDNA

The first application of mtDNA data to elucidate the origin of modern humans took place in the late 1970s and early 1980s, when Brown *et al.* (1980) discovered that restriction fragment pattern of mtDNAs among individuals from diverse geographic and ethnic origin differed substantially. The time of coalescence to the global mtDNA variation was estimated to be 180–360,000 YBP. The complete sequence of mitochondrial genome was published in 1981 (Anderson *et al.* 1981) and soon after that many studies of different populations were undertaken. While Brown *et al.* (1980) had used many restriction enzymes (18) in few samples (21), Denaro and colleagues (1981) treated a large number of samples (235) with only a single enzyme. They found that the presence of *HpaI* restriction site that corresponds to the transition at np 3954 separates most of the Africans from Eurasian individuals. Notably, the Africans had a derived state of this np when compared to other primates, whereas the rest of studied populations shared an ancestral state. Based on this, Asia as a possible starting point for mtDNA radiation was proposed. This study was supported by the investigation of Blanc *et al.* (1983) who discovered the frequent presence of ancestral state of one *HincII* polymorphism (which corresponds to transition in np 12,406) among Asians and was upheld also by studies of Nepalese (Brega *et al.* 1986) and Chinese (Yu *et al.* 1988) populations. The mtDNA variation was shown to be high also among the Japanese population (Horai *et al.* 1984). Cann *et al.* (1982) demonstrated that mtDNA diversity among aboriginal Australians is as diverse as in any other population tested in the Old World. Johnson *et al.* (1983) showed that the mtDNA diversity is greatest in Africa, and that all mtDNA variants present today can be seen as deriving from a single phylogenetic tree. Although they argued that the highest diversity in Africa can be caused by the longer age of African variants as well as by different mutation rates in different mtDNA lineages, the mid-point root of their mtDNA tree indicated an African origin. Excoffier and Langaney (1989) suggested that the

high diversity of Africans could be explained equally well by assuming that selection has played a significant role in creating their present mtDNA variation. Relethford and Jorde (1999) added that the high genetic diversity in Africa could be the consequence of a larger effective population size there.

The possibility to trace the origin and to study the demographic history of humankind by the use of mtDNA as a population genetic marker became highly visible in 1987 with the well-known *Nature* paper of Allan Wilson's group (Cann *et al.* 1987). They used high-resolution restriction analysis of 147 mtDNAs from a worldwide sample and concluded that the root of human mtDNA phylogenetic tree is in Africa. Compared to earlier studies (*e.g.* Johnson *et al.* 1983) that allowed the screening of 2–4% of the total mtDNA sequence variation, in this analysis a ten times higher resolution level was obtained and the clustering of mtDNA types favoured again African origin of the mtDNA tree. This particular paper, published more than 15 years ago, was instrumental in coining the term “The African Eve” (Ayala 1995).

2.6.1. Multiregional model of human evolution

The results of early mtDNA studies led to the construction of a starlike mtDNA tree with a central node shared by a high number of individuals from all over the world (Excoffier and Langaney 1989). Other lineages, some of which were population specific, radiated from that central haplotype. The root of this tree was disputed and it was sometimes interpreted as support for the multiregional model of the origin of modern humans (Templeton 1992). This model has a long history and is based largely on archaeological evidence and the interpretation of morphological markers of fossil findings. The multiregional model was first proposed by Franz Weidenreich (1943), but was further developed and promoted by others, most visibly by Milford Wolpoff and colleagues (Wolpoff *et al.* 1984; Wolpoff and Caspari 1997). According to the theory, all modern humans evolved from their common archaic ancestor, *Homo erectus*, who left Africa probably as early as *ca* 1.8 million years ago. Each continental group of populations developed to modern humans, or *Homo sapiens*, already *in situ*, participating in a permanently ongoing gene flow.

2.6.2. Recent African origin of “Mitochondrial Eve” and of anatomically modern humans

An opposite model to “multiregionalism” is the “recent out-of-Africa” model, known also as the *Garden of Eden* model, according to which AMHs evolved only in Africa and replaced all other preexisting archaic hominids. This theory was proposed in its extreme form — assuming total replacement of all archaic ancestors — by archaeologists Stringer and Andrews (1988) at about the same

time when the genetic evidences of recent African origin of human mtDNA appeared (Cann *et al.* 1987).

The most important results of the study of Wilson's group were: 1) the midpoint-rooted maximum parsimony tree obtained from the results of the high-resolution RFLP analysis was not starlike — it revealed a deep split between the two main branches, one of which consisted only of African lineages and the other encompassed both Africans and non-Africans; 2) the mtDNA variation was highest in Africa. These findings were interpreted as evidence of the African origin of mtDNA in extant populations — all mtDNAs stem from one woman who lived ca 200,000 years ago. Cann *et al.* (1987) was criticized mainly on five grounds: 1) for using the indirect RFLP-method of comparing DNAs instead of sequencing; 2) for poor sampling, where native African mtDNAs were represented by a small number of African Americans; 3) for using less powerful midpoint-rooting of the obtained phylogenetic tree instead of the outgroup-method; 4) that the authors did not provide statistical support for inferring an African origin of human mtDNA variation and; 5) that they inadequately calibrated the rate of human mtDNA evolution (Darlu and Tassy 1987; Saitou and Omoto 1987; Excoffier and Langaney 1989; Kruger and Vogel 1989; Maddison 1991).

Keeping in mind the criticism of their first analysis, Wilson's group (Vigilant *et al.* 1991) analyzed 189 sequences of two hypervariable segments of mtDNA control region, including those from 121 native Africans. The branches of the maximum parsimony tree, rooted by the more powerful outgroup-method, which used chimpanzee sequence, started again exclusively from Africa. The calibration of this tree with the mutation rate calculated from comparisons of average amount of sequence differences between human and using an outgroup, resulted in approximately the same age of “mitochondrial Eve” that was obtained in the previous publication (Cann *et al.* 1987). Again, criticisms of those studies stayed unmoved because equally parsimonious trees from the same dataset showing other results were obtained (Hedges *et al.* 1992; Templeton 1992). The conclusion that could be drawn from those early papers was that the available sequence data and the genealogical resolution level were insufficient to solve statistically the place of origin of human mtDNA.

As for today, the recent out-of-Africa model has found preponderant support from the mtDNA analysis of large datasets analyzed with different methods (*e.g.* Ruvolo *et al.* 1993; Chen *et al.* 1995; 2000; Horai *et al.* 1995; Penny *et al.* 1995; Watson *et al.* 1997; Ingman *et al.* 2000) as well as from the studies of Y-chromosome (*e.g.* Hammer 1995; Underhill *et al.* 1997; 2000), autosomal loci (*e.g.* Armour *et al.* 1996; Nei and Takezaki 1996; Tishkoff *et al.* 1996; 2000; Jin *et al.* 1999; Kaessmann *et al.* 1999; Jorde *et al.* 2000) and from paleo-anthropological findings (Stringer and Andrews 1988; Foley 1998; Stringer 2000; 2003). However, this model is certainly over-simplified, as it does not account for continental subdivisions, environmental changes affecting the

demographic history of populations, potential sex-linked differences in generation time *etc.*, and lacks a mechanism to explain the present diversity of AMH (for a review, see Excoffier 2002). Phylogenetic studies on mtDNA in Europeans (Torroni *et al.* 1996; Macaulay *et al.* 1999b), Asians (Torroni *et al.* 1993a; 1994b; Schurr *et al.* 1999; Kivisild *et al.* 2002; Yao *et al.* 2002a; 2002b; Kong *et al.* 2003a; 2003b), Papuans (Stoneking *et al.* 1990; Forster *et al.* 2001) and Native Americans (Torroni *et al.* 1993b; 1994a; 1994c) have confirmed that each continent has distinct sets of phylogenetically deep mtDNA branches that speak in favour of the so-called *weak Garden of Eden* model (Harpending *et al.* 1993). According to this model, present genetic variation has not been the result of uninterrupted demographic expansion of the out-of-Africa founders but rather by the different maturation and range expansion phases of regional gene pools that followed the initial expansion (Forster *et al.* 2001; 2004). Various alternative modes and pathways of dispersal of AMHs, following the northern (over Sinai) and/or southern (over southern Arabia) routes have been put forward, based on paleoanthropological (Lahr and Foley 1994; 1998; Stringer 2003) and genetic data (Cavalli-Sforza *et al.* 1994; Hammer *et al.* 1997; 1998; Jin *et al.* 1999; Kivisild *et al.* 1999a; 2000; 2003a; Quintana-Murci *et al.* 1999; Underhill *et al.* 2000; Cann 2001; Templeton 2002). Thus, modern humans originated from a recent single evolutionary event, whereas modern human diversity is the result of multiple evolutionary events brought about by multiple geographic dispersals.

2.7. Global mtDNA variation. Nomenclature of mtDNA haplogroups

The first studies of mtDNA variation in human populations used either the RFLP analysis or sequencing of the hypervariable segments (usually HVS-I) of the control region. A more refined picture about the spread of different mtDNA variants started to emerge during early 1990s with the application of the high-resolution restriction fragment analysis to study the mtDNA variation from one continent at a time (*e.g.* Ballinger *et al.* 1992; Torroni *et al.* 1992; 1993a; 1993b; 1994a; 1994b; 1994c; Chen *et al.* 1995). This series of investigations established “the backbone” of the human mtDNA phylogenetic tree that has largely been in use since then. Meanwhile, an independent classification was proposed, based on the phylogenetic analysis of the variation of HVS-I part of mtDNA (Richards *et al.* 1996). Thereafter, a new series of studies allowed the combination of the control region and coding region (RFLP) data (Torroni *et al.* 1996; Richards *et al.* 1998; Macaulay *et al.* 1999b; Schurr *et al.* 1999).

or mtDNA haplogroups in different world populations

Pre (Pre-HV) ¹ H + V HV		U* U1 U2 U3 U4 U5 U6 U7 U8 K								T J R* R9 B N* W N1 X A N9 M* Mi ^p C D G Z L0 L1 L2 L3											
5	4 42 50	50								3 1											
3	40 5 31	27								1 3 2 4											
4	38 5 23	1 16								1 4 12 11											
1	42 5 2 21	1 1 1 3 11								4 11 8											
4	48 6 2 24	1 1 6 12								4 5 7											
4	48 4 2 23	2 2 1 8 1								1 8 11 6											
7	25	6 26								2 3 1											
3	15	20								1 1 1 1 1											
1	3	1 2								4											
1	6	16								1 1											
3										1 4											
3										1 16 16											
2										5 45 13											
5	3	2 15								2 1 15 3											
1										25											
3	18 2	16								3 4 3											
3										1											
2										3 2											
3										1											

ified derivatives of a particular haplogroup. Frequencies of hg U sub-hgs are given separately. ^aData are from: ¹Sajantila ¹⁶; Delghandi *et al.* 1998; Tambets *et al.* 2004; ²Meimä *et al.* 2001; ³Passarino *et al.* 2002; ⁴Malyarchuk *et al.* 2002; 2001; Dubut *et al.* 2004; ⁷Tambets *et al.* 2000; ⁸Saillard *et al.* 2000b; Derbeneva *et al.* 2002a; 2002b, our unpublished *et al.* 2003; ¹¹Yao *et al.* 2002b, ¹²Fucharoen *et al.* 2001; Oota *et al.* 2001; Yao *et al.* 2002a; ¹³Bamshad *et al.* 2001, . 1993b; ¹⁵Rando *et al.* 1998; ¹⁶Pereira *et al.* 2001; Salas *et al.* 2002; ¹⁷Rosa *et al.* in press; ¹⁸Vigilant *et al.* 1991; Chen *et al.* 2000; ¹⁹Salas *et al.* 2002; ²⁰Salas *et al.* 2002; ²¹Salas *et al.* 2002; ²²Salas *et al.* 2002; ²³Salas *et al.* 2002; ²⁴Salas *et al.* 2002; ²⁵Salas *et al.* 2002; ²⁶Salas *et al.* 2002; ²⁷Salas *et al.* 2002; ²⁸Salas *et al.* 2002; ²⁹Salas *et al.* 2002; ³⁰Salas *et al.* 2002; ³¹Salas *et al.* 2002; ³²Salas *et al.* 2002; ³³Salas *et al.* 2002; ³⁴Salas *et al.* 2002; ³⁵Salas *et al.* 2002; ³⁶Salas *et al.* 2002; ³⁷Salas *et al.* 2002; ³⁸Salas *et al.* 2002; ³⁹Salas *et al.* 2002; ⁴⁰Salas *et al.* 2002; ⁴¹Salas *et al.* 2002; ⁴²Salas *et al.* 2002; ⁴³Salas *et al.* 2002; ⁴⁴Salas *et al.* 2002; ⁴⁵Salas *et al.* 2002; ⁴⁶Salas *et al.* 2002; ⁴⁷Salas *et al.* 2002; ⁴⁸Salas *et al.* 2002; ⁴⁹Salas *et al.* 2002; ⁵⁰Salas *et al.* 2002; ⁵¹Salas *et al.* 2002; ⁵²Salas *et al.* 2002; ⁵³Salas *et al.* 2002; ⁵⁴Salas *et al.* 2002; ⁵⁵Salas *et al.* 2002; ⁵⁶Salas *et al.* 2002; ⁵⁷Salas *et al.* 2002; ⁵⁸Salas *et al.* 2002; ⁵⁹Salas *et al.* 2002; ⁶⁰Salas *et al.* 2002; ⁶¹Salas *et al.* 2002; ⁶²Salas *et al.* 2002; ⁶³Salas *et al.* 2002; ⁶⁴Salas *et al.* 2002; ⁶⁵Salas *et al.* 2002; ⁶⁶Salas *et al.* 2002; ⁶⁷Salas *et al.* 2002; ⁶⁸Salas *et al.* 2002; ⁶⁹Salas *et al.* 2002; ⁷⁰Salas *et al.* 2002; ⁷¹Salas *et al.* 2002; ⁷²Salas *et al.* 2002; ⁷³Salas *et al.* 2002; ⁷⁴Salas *et al.* 2002; ⁷⁵Salas *et al.* 2002; ⁷⁶Salas *et al.* 2002; ⁷⁷Salas *et al.* 2002; ⁷⁸Salas *et al.* 2002; ⁷⁹Salas *et al.* 2002; ⁸⁰Salas *et al.* 2002; ⁸¹Salas *et al.* 2002; ⁸²Salas *et al.* 2002; ⁸³Salas *et al.* 2002; ⁸⁴Salas *et al.* 2002; ⁸⁵Salas *et al.* 2002; ⁸⁶Salas *et al.* 2002; ⁸⁷Salas *et al.* 2002; ⁸⁸Salas *et al.* 2002; ⁸⁹Salas *et al.* 2002; ⁹⁰Salas *et al.* 2002; ⁹¹Salas *et al.* 2002; ⁹²Salas *et al.* 2002; ⁹³Salas *et al.* 2002; ⁹⁴Salas *et al.* 2002; ⁹⁵Salas *et al.* 2002; ⁹⁶Salas *et al.* 2002; ⁹⁷Salas *et al.* 2002; ⁹⁸Salas *et al.* 2002; ⁹⁹Salas *et al.* 2002; ¹⁰⁰Salas *et al.* 2002; ¹⁰¹Salas *et al.* 2002; ¹⁰²Salas *et al.* 2002; ¹⁰³Salas *et al.* 2002; ¹⁰⁴Salas *et al.* 2002; ¹⁰⁵Salas *et al.* 2002; ¹⁰⁶Salas *et al.* 2002; ¹⁰⁷Salas *et al.* 2002; ¹⁰⁸Salas *et al.* 2002; ¹⁰⁹Salas *et al.* 2002; ¹¹⁰Salas *et al.* 2002; ¹¹¹Salas *et al.* 2002; ¹¹²Salas *et al.* 2002; ¹¹³Salas *et al.* 2002; ¹¹⁴Salas *et al.* 2002; ¹¹⁵Salas *et al.* 2002; ¹¹⁶Salas *et al.* 2002; ¹¹⁷Salas *et al.* 2002; ¹¹⁸Salas *et al.* 2002; ¹¹⁹Salas *et al.* 2002; ¹²⁰Salas *et al.* 2002; ¹²¹Salas *et al.* 2002; ¹²²Salas *et al.* 2002; ¹²³Salas *et al.* 2002; ¹²⁴Salas *et al.* 2002; ¹²⁵Salas *et al.* 2002; ¹²⁶Salas *et al.* 2002; ¹²⁷Salas *et al.* 2002; ¹²⁸Salas *et al.* 2002; ¹²⁹Salas *et al.* 2002; ¹³⁰Salas *et al.* 2002; ¹³¹Salas *et al.* 2002; ¹³²Salas *et al.* 2002; ¹³³Salas *et al.* 2002; ¹³⁴Salas *et al.* 2002; ¹³⁵Salas *et al.* 2002; ¹³⁶Salas *et al.* 2002; ¹³⁷Salas *et al.* 2002; ¹³⁸Salas *et al.* 2002; ¹³⁹Salas *et al.* 2002; ¹⁴⁰Salas *et al.* 2002; ¹⁴¹Salas *et al.* 2002; ¹⁴²Salas *et al.* 2002; ¹⁴³Salas *et al.* 2002; ¹⁴⁴Salas *et al.* 2002; ¹⁴⁵Salas *et al.* 2002; ¹⁴⁶Salas *et al.* 2002; ¹⁴⁷Salas *et al.* 2002; ¹⁴⁸Salas *et al.* 2002; ¹⁴⁹Salas *et al.* 2002; ¹⁵⁰Salas *et al.* 2002; ¹⁵¹Salas *et al.* 2002; ¹⁵²Salas *et al.* 2002; ¹⁵³Salas *et al.* 2002; ¹⁵⁴Salas *et al.* 2002; ¹⁵⁵Salas *et al.* 2002; ¹⁵⁶Salas *et al.* 2002; ¹⁵⁷Salas *et al.* 2002; ¹⁵⁸Salas *et al.* 2002; ¹⁵⁹Salas *et al.* 2002; ¹⁶⁰Salas *et al.* 2002; ¹⁶¹Salas *et al.* 2002; ¹⁶²Salas *et al.* 2002; ¹⁶³Salas *et al.* 2002; ¹⁶⁴Salas *et al.* 2002; 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²⁴⁹Salas *et al.* 2002; ²⁵⁰Salas *et al.* 2002; ²⁵¹Salas *et al.* 2002; ²⁵²Salas *et al.* 2002; ²⁵³Salas *et al.* 2002; ²⁵⁴Salas *et al.* 2002; ²⁵⁵Salas *et al.* 2002; ²⁵⁶Salas *et al.* 2002; ²⁵⁷Salas *et al.* 2002; ²⁵⁸Salas *et al.* 2002; ²⁵⁹Salas *et al.* 2002; ²⁶⁰Salas *et al.* 2002; ²⁶¹Salas *et al.* 2002; ²⁶²Salas *et al.* 2002; ²⁶³Salas *et al.* 2002; ²⁶⁴Salas *et al.* 2002; ²⁶⁵Salas *et al.* 2002; ²⁶⁶Salas *et al.* 2002; ²⁶⁷Salas *et al.* 2002; ²⁶⁸Salas *et al.* 2002; ²⁶⁹Salas *et al.* 2002; ²⁷⁰Salas *et al.* 2002; ²⁷¹Salas *et al.* 2002; ²⁷²Salas *et al.* 2002; ²⁷³Salas *et al.* 2002; ²⁷⁴Salas *et al.* 2002; ²⁷⁵Salas *et al.* 2002; ²⁷⁶Salas *et al.* 2002; ²⁷⁷Salas *et al.* 2002; ²⁷⁸Salas *et al.* 2002; ²⁷⁹Salas *et al.* 2002; ²⁸⁰Salas *et al.* 2002; ²⁸¹Salas *et al.* 2002; ²⁸²Salas *et al.* 2002; ²⁸³Salas *et al.* 2002; ²⁸⁴Salas *et al.* 2002; ²⁸⁵Salas *et al.* 2002; ²⁸⁶Salas *et al.* 2002; ²⁸⁷Salas *et al.* 2002; ²⁸⁸Salas *et al.* 2002; ²⁸⁹Salas *et al.* 2002; ²⁹⁰Salas *et al.* 2002; ²⁹¹Salas *et al.* 2002; ²⁹²Salas *et al.* 2002; ²⁹³Salas *et al.* 2002; ²⁹⁴Salas *et al.* 2002; ²⁹⁵Salas *et al.* 2002; ²⁹⁶Salas *et al.* 2002; ²⁹⁷Salas *et al.* 2002; ²⁹⁸Salas *et al.* 2002; ²⁹⁹Salas *et al.* 2002; ³⁰⁰Salas *et al.* 2002; ³⁰¹Salas *et al.* 2002; ³⁰²Salas *et al.* 2002; ³⁰³Salas *et al.* 2002; ³⁰⁴Salas *et al.* 2002; ³⁰⁵Salas *et al.* 2002; ³⁰⁶Salas *et al.* 2002; ³⁰⁷Salas *et al.* 2002; ³⁰⁸Salas *et al.* 2002; ³⁰⁹Salas *et al.* 2002; ³¹⁰Salas *et al.* 2002; ³¹¹Salas *et al.* 2002; ³¹²Salas *et al.* 2002; ³¹³Salas *et al.* 2002; ³¹⁴Salas *et al.* 2002; ³¹⁵Salas *et al.* 2002; ³¹⁶Salas *et al.* 2002; ³¹⁷Salas *et al.* 2002; ³¹⁸Salas *et al.* 2002; ³¹⁹Salas *et al.* 2002; ³²⁰Salas *et al.* 2002; ³²¹Salas *et al.* 2002; ³²²Salas *et al.* 2002; ³²³Salas *et al.* 2002; ³²⁴Salas *et al.* 2002; ³²⁵Salas *et al.* 2002; ³²⁶Salas *et al.* 2002; ³²⁷Salas *et al.* 2002; ³²⁸

As an outcome, it was established that all mtDNA variants, or *haplotypes*, with characteristic polymorphisms can be divided into a number of monophyletic clades, or *haplogroups* (hgs), defined by single or several mtDNA coding region polymorphisms (often defined by a gain or a loss of a restriction site), associated with polymorphisms (if any) of the mtDNA control region. The main haplogroups are denoted by capital letters and consist of different sub-haplogroups defined by characteristic polymorphisms (see figures 2–4). Most of the haplogroups exhibit restricted geographical spread (table 1), thus distinguishing populations from different continents/geographical regions. The refinement of the mtDNA tree and the nomenclature of mtDNA is an ongoing process. In particular, data emerging from complete mtDNA sequences (Ingman *et al.* 2000; Finnilä *et al.* 2001; Finnilä and Majamaa 2001; Maca-Meyer *et al.* 2001; Herrnstadt *et al.* 2002; Kivisild *et al.* 2002; Yao *et al.* 2002a; Kong *et al.* 2003b; Reidla *et al.* 2003) offer better phylogenetic resolution of different variants of maternal lineages. In the next chapters the global mtDNA tree will be discussed in greater detail.

2.7.1. The skeleton of the human mtDNA phylogenetic tree

The general scheme of the basal branches of the global mtDNA tree in humans is presented in figure 3. The likely root of the human mtDNA tree is between hgs L0 and L1, dividing the phylogenetic tree into two basic clades: L0 and all the rest. An approximate place of the root has been suggested using different approaches: comparisons with chimpanzee mtDNA complete sequences (Ingman *et al.* 2000; Maca-Meyer *et al.* 2001) as well as by use of Neanderthal mtDNA control region sequences (Krings *et al.* 1997; 1999; Ovchinnikov *et al.* 2000).

The oldest lineage cluster L was initially defined by the presence of the *HpaI* restriction site at np 3592 (Chen *et al.* 1995). This study, however, was based on a phylogenetic analysis where Asian and European mtDNA sequences were used as the outgroups for the African tree. Therefore, L is not a “real” clade and includes several distinctive paraphyletic clusters of African mtDNA lineages. Using chimpanzee mtDNA sequence as an outgroup for human mtDNA, four major African clades within L can now be recognized — L0, L1, L2 and L3 (Salas *et al.* 2004). Each of these clades can be further divided into several subclusters (fig. 3). Different estimates of the age of MRCA for African lineages have given very similar results with coalescence values of 100,000–170,000 YBP (Chen *et al.* 1995; Graven *et al.* 1995; Horai *et al.* 1995; Watson *et al.* 1997; Chen *et al.* 2000). The MRCA of the oldest clade containing both African and all non-African individuals lies in hg L3 and dates to *ca* 50,000–80,000 YBP (Watson *et al.* 1997; Ingman *et al.* 2000).

Two branches of L3 — M and N (fig. 3) — cover mtDNA variation outside Africa. Most western Eurasians are characterized by clades within hg N

(Torroni *et al.* 1996; Richards *et al.* 1998; Macaulay *et al.* 1999b), whereas M and N contributed both to the current eastern Eurasian mtDNA pool (e.g. Torroni *et al.* 1993a; Kivisild *et al.* 2002; Yao *et al.* 2002a; Kong *et al.* 2003a; Comas *et al.* 2004). Because of its great time depth and virtual absence in western Eurasians, it is not excluded that hg M was brought to Asia from East Africa, along the southern route, by the earliest migration wave of AMHs (Kivisild *et al.* 1999a; 2000; Quintana-Murci *et al.* 1999). Recently, the same scenario was proposed also for the spread of hg N (Kivisild *et al.* 2003, but see also Kivisild *et al.* 1999a). The lack of L3 lineages other than M and N among non-Africans (Ingman *et al.* 2000; Herrnstadt *et al.* 2002; Kivisild *et al.* 2002) and, particularly, in South Asia, suggests that the earliest migration(s) of modern humans already carried these two mtDNA ancestors (Kivisild *et al.* 2003b). This scenario is also consistent with the fact that the founder ages of M

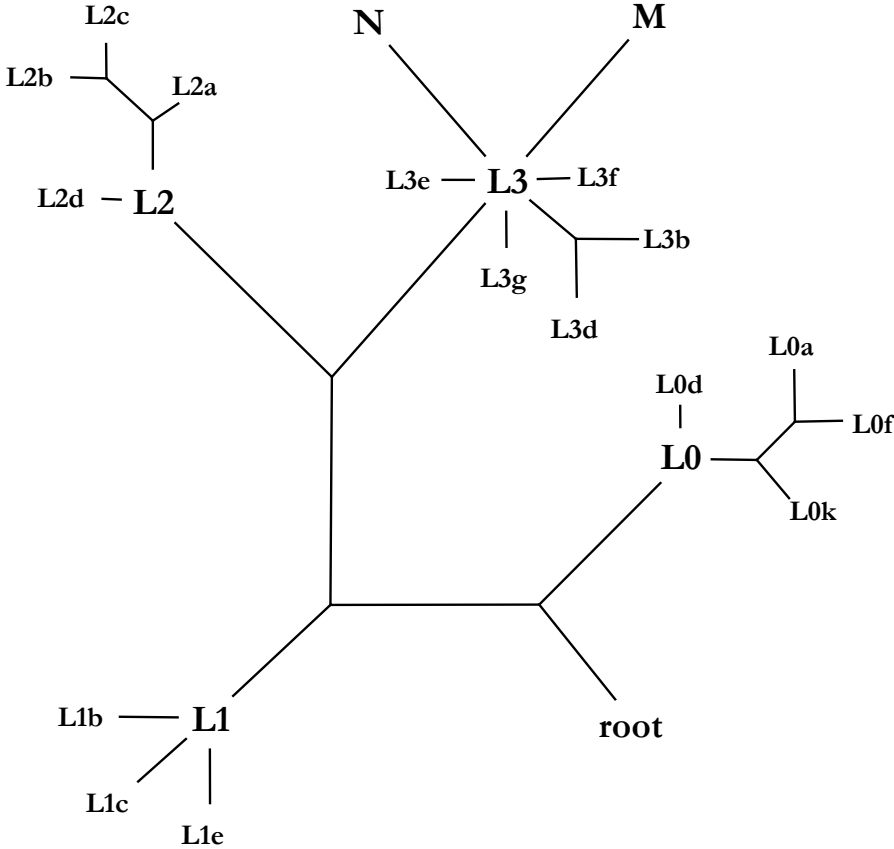


Figure 3 Scheme of global human mtDNA tree (based on Chen *et al.* 1995; Watson *et al.* 1997; Chen *et al.* 2000; Torroni *et al.* 2001; Herrnstadt *et al.* 2002; Salas *et al.* 2002; 2004). Tree is rooted with chimpanzee mtDNA sequence. For further details, see figures 4, 5.

and N have been shown to be very similar — $54,200 \pm 11,400$ and $53,400 \pm 11,700$ YBP, respectively (Forster *et al.* 2001). Also, it has been proposed by Kivisild *et al.* (2003b) that, considering the mtDNA variation in South Asia, the N branch had relatively early given rise to its large daughter clade R, which later, among eastern Eurasians, differentiated into clusters B and R9 (see fig. 4) and gave rise to hgs HV, TJ, and U (see fig. 5) among western Eurasians.

2.7.2. MtDNA variation in Asia

A simplified scheme of the topology of the branches of the mtDNA tree in eastern Eurasia is given in figure 4. The phylogeographic patterns of hgs M and N are very different, signifying their distinct expansions into Eurasia, which yielded the geographical structuring of external branches of these two haplogroups in western and eastern Eurasia.

All hg M subclades show marked frequency variations throughout Asia. In Europe, apart from a few exceptions in the easternmost regions (Bermisheva *et al.* 2002), lineages of this clade have been found only occasionally (table 1). Hg N includes a large lineage cluster R (see fig. 4 and 5), which is widely spread both in eastern and western parts of Eurasia. Almost all eastern Eurasian R lineages belong to the two major hgs B and R9 (fig. 4). Sub-clades of R that encompass the majority of mtDNA variants spread in western Eurasia (HV, TJ, U, see fig. 5) are rare or absent in most eastern Eurasian populations. Eastern and western Eurasian-specific mtDNA packages meet in Central Asia, which is a contact zone between those regionally differentiated groups. There, the contribution of eastern and western Eurasian mtDNAs to the total mtDNA pool is more or less equal (Comas *et al.* 2004; Quintana-Murci *et al.* 2004, see also table 1). The contribution of western Eurasian components (U4, H, JT) account for one third also in some western and southern Siberian populations (Derbeneva *et al.* 2002a; 2002b; Derenko *et al.* 2003). In northern Siberia, among Mansis, a novel branch, a sister group to hg W (see fig. 5), was recently characterized (Derbeneva *et al.* 2002). In Central Asia, less than 5% of the haplotypes belong to South Asian-specific sub-branches of hg U2 and hg M (Comas *et al.* 2004). These hgs have probably arisen through *in situ* diversification in early Upper Palaeolithic (Kivisild *et al.* 1999; Bamshad *et al.* 2001).

The derived lineage groups of hg M — hgs D (D4 and D5), G (G1 and G2), C, Z —, and those of hg N — hgs A and Y (fig. 4) form the majority of the mtDNA pool in northern and northeastern Asia (Torroni *et al.* 1993a; Starikovskaya *et al.* 1998; Schurr *et al.* 1999; Kivisild *et al.* 2002; Derenko *et al.* 2003; Fedorova *et al.* 2003; Puzyrev *et al.* 2003) and are common in East Asia (Kivisild *et al.* 2002; Yao *et al.* 2002a; 2002b). These hgs are predominant eastern Eurasian-specific hgs also in the Central Asian mtDNA gene pool

Southeast Asia — it is rare or absent among Vietnamese, Malay and Sabah Aborigines (group L in Ballinger *et al.* 1992), but found at moderate frequencies (17%), for example, in Thailand (Fucharoen *et al.* 2001; Oota *et al.* 2001; Yao *et al.* 2002). Some sub-branches of hgs D4 and G2 might have had their earliest diversification in Central Asia (Comas *et al.* 2003). Hgs A and Y have phylogeographic patterns, similar to hgs C and D — these hgs are more frequent in northern Asian populations (Starikovskaya *et al.* 1998; Schurr *et al.* 1999; Saillard *et al.* 2000a) and are, likewise, virtually absent in South Asia (Kivisild *et al.* 1999a; 2003b; Bamshad *et al.* 2001) and rare in Southeast Asia (Fucharoen *et al.* 2001; Oota *et al.* 2001; Schurr and Wallace 2002; Yao *et al.* 2002a).

Hg Z, the sister clade of C, stemming from the common node M8 (Kivisild *et al.* 2002), which was first described in north Siberians (Schurr *et al.* 1999), is, interestingly, present also in North European populations, among Finns (Meinilä *et al.* 2001) and Saami (Sajantila and Pääbo 1995; Dupuy and Olaisen 1996; Lahermo *et al.* 1996; Delghandi *et al.* 1998), where the hg Z1 haplotypes spread in northern Eurasian populations (with HVS-I motif 16129-16185-16223-16224-16260-16298) can be found. In those populations hg D5b haplotypes with HVS-I transitions at nps 16126-16136-16189-16223-16390, otherwise found from southern Siberian populations (Derenko *et al.* 2003), can also be observed (Meinilä *et al.* 2001).

A large and rather superficially characterized variety of sub-branches of hg M including M2 – M6 (not shown in fig. 4), are spread at high frequencies only in South Asia (Kivisild *et al.* 1999a; 2003b; Bamshad *et al.* 2001). Hgs M7, M8 (other than C and Z), M9 and N9a are common in East and Southeast Asian populations (Fucharoen *et al.* 2001; Oota *et al.* 2001; Kivisild *et al.* 2002; Yao *et al.* 2002a; 2002b; Kong *et al.* 2003a; 2003b), and some of those (M7 and M9) have also been found occasionally from some Siberian populations (Derbeneva *et al.* 2002b; Derenko *et al.* 2003).

The Southeast Asian mtDNA pool consists mostly of hg B and hg R9, the latter includes also hg F (fig. 4). These haplogroups might have had their earliest diversification in Southern China and/or Southeast Asia (Yao *et al.* 2002b). In some populations, like in Polynesians, hg B is almost the only variant of mtDNA (haplotypes with 9bp deletion in Ballinger *et al.* 1992; Redd *et al.* 1995; Sykes *et al.* 1995; Lum and Cann 1998). In most of the Siberian populations its frequency is low (Derenko *et al.* 1999; 2003; Fedorova *et al.* 2003).

2.7.3. MtDNA variation in Europe

The analysis of classical genetic markers has shown that Europe as a whole is quite homogeneous — the genetic distances between different populations are relatively short and the genetic landscape, if to compare it with other Old World continents, is rather uniform (Di Rienzo and Wilson 1991; Piazza 1993; Cavalli-Sforza *et al.* 1994). Only some clear outliers, like the Saami, Sardinians,

Basques and some others, have been shown to emerge from this homogenous entity (Cavalli-Sforza *et al.* 1994).

More than 90% of maternal lineages present in European populations can be classified into 8 major haplogroups (H, V, T, J, N1, U, X, W; see fig. 5), characteristic to western Eurasians in general (*e.g.* Torroni *et al.* 1994d; 1996; Richards *et al.* 1998; 2000; Macaulay *et al.* 1999b, see also table 1). All of them coalesce to the common node N in mtDNA phylogeny (fig. 5). As it was already indicated above, only a minor part of maternal lineages that have been found in Europe belong to East or South Asian-specific haplogroups. Yet it is worthwhile to note here that the uniformity of the genetic landscape of the distribution of mtDNA haplogroups in Europe is a term that should not be used in its absolute meaning. It has already been shown (Richards *et al.* 2002; Richards 2003) that a deeper phylogenetic analysis allows the revealing of significant differences in the spread of mtDNA sub-haplogroups in Europe — and not only among genetic outliers like Saami.

The phylogenetic classification of European mtDNA relies mostly on the combined usage of diagnostic coding region polymorphisms and sequence information of both hypervariable segments of mtDNA. Further refinement of the present nomenclature, due to higher phylogenetic resolution, can be achieved by the complete sequencing of mtDNA genomes (*e.g.* Finnilä *et al.* 2001; Herrnstadt *et al.* 2002).

The majority of European-specific haplogroups (HV, TJ and U) stem from a large nested lineage cluster R of the macrohaplogroup N (for defining polymorphisms of western Eurasian hgs, see fig. 5).

Hg H is by far the most frequent maternal lineage cluster in Europe. Its frequency is the highest (40–60%) in western and northern European populations, but it is also common in the populations of the Near East (Torroni *et al.* 1998; Richards *et al.* 2000) and is well visible in North Africans (Corte-Real *et al.* 1996; Rando *et al.* 1998; Stevanovitch *et al.* 2004) and Central Asians (Metspalu *et al.* 1999; Comas *et al.* 2004; Quintana-Murci *et al.* 2004), less so in South Asians (Passarino *et al.* 1996; Kivisild *et al.* 1999a; 1999b; 2003b; Bamshad *et al.* 2001) and in Native Siberians (Torroni *et al.* 1998; Derbeneva *et al.* 2002a; 2002b; Derenko *et al.* 2003; Fedorova *et al.* 2003). Phylogenetically closely related clades to hg H — (preHV)1, HV1 and HV2 (fig. 5) — are present predominantly in the Near East, Middle East and in the Caucasus (Metspalu *et al.* 1999; Richards *et al.* 2002; 2003). It is believed that the initial expansion of hg H took place most probably in the Near East about 25,000 YBP (Richards *et al.* 2000). Hg H includes the Cambridge Reference Sequence (CRS, Anderson *et al.* 1981), which is one of the most frequent HVS-I haplotypes found in Europe and occupies the central node in the hg H topology, provided additional coding region mutations are not considered. There have been several attempts to refine the inner structure of H (*e.g.* Helgason *et al.* 2001; Malyarchuk and Derenko 2001) to be able to trace the phylogeographical spread of different branches of this major haplogroup. Based on mtDNA

complete sequences, seven sub-branches of hg H — H1 and H2 (Finnilä *et al.* 2001) along with H3 and H4 (Herrnstadt *et al.* 2002) and H5-H7 (Quintans *et al.* 2004) have been defined, but a broad phylogeographic analysis on hg H subclades is still needed to understand its spread pattern in western Eurasia.

Figure 5 Schematic tree of human mtDNA haplogroups spread in western Eurasian populations (based on Macaulay *et al.* 1999; Richards *et al.* 2000; Finnilä *et al.* 2001; Herrnstadt *et al.* 2002; Quintana-Murci *et al.* 2004; Quintans *et al.* 2004; Reidla *et al.* 2004). Only defining HVS-I and coding region nps have been used. See also the legend for figure 4.

Hg V is the sister-clade of hg H (Torroni *et al.* 1998). The frequency of hg V does not exceed the level of 1–6% in the mtDNA gene pool of most European populations. As exceptions, the Basques and Catalans in the Iberian Peninsula can be named, among whom the frequency of hg V is more than 20%. A particular exception are also the Saami in the Scandinavian Peninsula. Among the latter, the frequency of HVS-I sequences carrying characteristic to hg V transition in np 16298 has been shown to be especially high, ranging over 40% (Sajantila *et al.* 1995). The diversity of hg V is, however, very low among the Saami (Torroni *et al.* 1998). It has been proposed that hg V is a mtDNA marker for the population expansion after LGM that started from the Iberian Peninsula 10,000–15,000 years ago (Torroni *et al.* 1998).

Hg U is the most ancient haplogroup in Europe and embraces numerous phylogeographically different sub-clades (fig. 5), some of which can be found from Africa (*e.g.* Rando *et al.* 1998; Rosa *et al.* in press), Siberia (*e.g.* Derbeneva *et al.* 2002b; Derenko *et al.* 2003; Fedorova *et al.* 2003), the Near-East and the Caucasus-area (Metspalu *et al.* 1999; Richards *et al.* 2000), as well as in South Asia (Kivisild *et al.* 1999a; 1999b; 2003b; Bamshad *et al.* 2001). The expansion of hg U has likely started more than 50,000 YBP (Torroni *et al.* 1996; Richards *et al.* 1998; 2000).

Hg U5 is the largest and most diverse branch of hg U. It can be further divided into a number of subclades (Richards *et al.* 1998; 2000, see fig. 5), but because many of them are thus far defined only by fast evolving nps in HVS-I, more extensive knowledge about its coding region variation is needed before the in-depth phylogenetic analysis of different subclades can be vigorously applied. However, some of the sub-clades can be recognized also by their specific HVS-I motifs. One of these is the so-called “Saami-motif”, distinguished from the root of hg U and the CRS by three transitions in nps 16189, 16144 and 16270 (Sajantila *et al.* 1995).

Hg U4 is the second largest sub-clade of U in Europe. According to Richards *et al.* (1998), hg U4 dates back to more than 25,000 years and, similarly to hg U5, started to expand already before the LGM. Its frequency seems to be higher in eastern and southern than in western European populations and is the highest (16%), surprisingly, among western Siberian Ugric-speaking Mansis (Derbeneva *et al.* 2002b). Hgs U1, U2, U3, U6, U7 and U8 are, particularly in Europe, less frequent subclades of hg U. From those, U1, U3, U6 and U7 are present at relatively higher frequencies in southern European populations and in the Near East, North Africa (Macaulay *et al.* 1999b; Richards *et al.* 2000) and the Caucasus area (Macaulay *et al.* 1999b; Metspalu *et al.* 1999; Tambets *et al.* 2000), whereas U2 can be found throughout the Near East and Europe (Macaulay *et al.* 1999b). As it was indicated above, distinct sub-branches of U2 are specific for South Asia (Kivisild *et al.* 1999a; 2003b; Bamshad *et al.* 2001). Hg K, one of the first described haplogroups in the European population (Torroni *et al.* 1994d), was shown to belong to hg U (Hofmann *et al.* 1997). Hg K seems to be more common in western than in eastern

European populations (table 1), and is well present in the Near East and Anatolia (Kivisild *et al.* 2003a). The highest frequency of hg K has been observed among Ashkenazi Jews (30%, Ritte *et al.* 1993; Behar *et al.* 2004).

Hgs T and J (fig. 5) are sister clades, present in European populations at similar frequencies (6%–14%, see also table 1). Both of them have a complex inner topology with several sub-founders (*e.g.* Finnilä and Majamaa 2001; Herrnstadt *et al.* 2002), some of which might have arrived to Europe with the Neolithic immigration from the Near East (Richards *et al.* 2000).

Hgs that stem directly from the common node N (I, N1a, N1b, N1c, W, X, see fig. 5) are relatively rare in Europe and do not usually exceed the level of 5% there (Richards *et al.* 1998). Hg I, together with N1a, N1b and N1c, belongs to the clade N1 (see fig. 5) and is spread mostly in northern and western Europe (Richards *et al.* 2000). Hg X, despite its minor contribution to the package of maternal lineages of most of the populations, has a surprisingly wide geographical distribution. Described first as a European specific mtDNA variant (Torroni *et al.* 1996) it has by now been found from North and East Africa, Near East, Siberia as well as among Native Americans (Forster *et al.* 1996; Brown *et al.* 1998; Smith *et al.* 1999; Derenko *et al.* 2001). Hg W has higher diversity in southern than in northern European populations (Richards *et al.* 1998) and it has been found also, for example, in South Asia (Kivisild *et al.* 1999b). The frequency of hg W is particularly high among Finns (table 1), its diversity, however, is very low there (Meinilä *et al.* 2001).

Most European haplogroups show greater haplotype diversities as well as deeper coalescence ages in the Near East than in Europe (Torroni *et al.* 1998; Richards *et al.* 2000), supporting their Near Eastern origin. The coalescence ages of the primary founder haplotypes have shown that the majority of them have migrated to Europe in the Late Upper Palaeolithic-Mesolithic period (Richards *et al.* 2000). One exception is hg V, which seems to have originated and expanded within Europe 10,000–15,000 YBP (Torroni *et al.* 1998). Another is hg U5. Although it occurs at about 2% in the Near East, its phylogeographical spread suggests that it evolved mainly within Europe during the past 50,000 years and its presence in the Near East can be the result of back-migration from Europe (Richards *et al.* 2000).

2.7.3.1. The Saami — genetic “outliers” of Europe

The Saami — aboriginal inhabitants of Fennoscandia — are regarded as extreme genetic outliers among European populations (Cavalli-Sforza *et al.* 1994). At present, *ca* 60,000 Saami live in the northern regions of Norway, Sweden and Finland (Haetta 1996). Saami languages belong to the Finno-Ugric branch of the Uralic language family. The closest linguistic neighbours of the Saami are the Finns, the Karelians, and the Estonians.

Analyses of classical genetic markers have demonstrated that the genetic distances between the Saami and other Europeans are significantly larger than between any other pair of European populations (Cavalli-Sforza *et al.* 1994). It has been suggested that the genetic composition of the Saami arose from extensive admixture between Caucasoid and Mongoloid populations (Guglielmino *et al.* 1990; Cavalli-Sforza *et al.* 1994, but see also *e.g.* Beckman *et al.* 1988, 1993). Similarly, studies of mtDNA have identified large genetic distances between the Saami and other Europeans, including the Finns (Sajantila and Pääbo 1995; Sajantila *et al.* 1995). Likewise, Lahermo *et al.* (1996) found no overlap between Saami and the remaining European mtDNA patterns and concluded that the Saami and the Finns must have different genetic histories. One hypothesis to explain the presence of genetic differences and language similarities in the Finns and the Saami involves a language shift by the Finns from Indo-European to Finno-Ugric (Sajantila and Pääbo 1995). However, further studies of mtDNA variation revealed that the majority of mtDNA lineages of the Saami are clustered in a subset of the European mtDNA pool (Torroni *et al.* 1998; Villems *et al.* 1998; Tambets *et al.* 2000).

Nearly half of the Y chromosomes of the Saami share a TatC allele or haplogroup N3 with most Finno-Ugric and Siberian populations. This variant is found at high frequencies among Siberian populations, such as the Yakuts and the Buryats, but is virtually absent in western Europe. These findings have been interpreted according to the classic view that a substantial element of the Saami genetic lineages originated in a recent migration from Asia (Zerjal *et al.* 1997, 2001).

2.8. Pre-historical, archaeological and linguistic context for present European mtDNA variation

The beginning of the Upper Palaeolithic, 40,000–50,000 YBP, marks the first appearance of AMHs in Europe. Before that, Neanderthals had occupied Europe for about 250,000 years. It appears now that the coexistence of Neanderthals and AMHs in Europe lasted for about 10,000 years or even longer (Stringer and Davies 2001).

The mtDNA studies of the extant human populations are in accordance with the theory of recent total replacement of earlier forms of humans by *Homo sapiens sapiens*. Already before the first DNA sequences for Neanderthals became available, it was predicted, based on palaeontological material, the estimations of the divergence times of Neanderthals and AMHs, and the observed mtDNA sequence variations in extant European populations, that the genetic continuity between Neanderthals and AMHs is highly unlikely (Torroni *et al.* 1994d; Richards *et al.* 1996). Soon, these predictions got direct support

from genetic data, gathered from partial sequencing of the control region of fossile DNA, extracted from Neanderthals. It has been unequivocally shown that the Neanderthal mtDNA falls outside the variation of mtDNA of modern humans (Krings *et al.* 1997; 1999; Ovchinnikov *et al.* 2000; Serre *et al.* 2004). Phylogenetic analysis and the age of the MRCA for the mtDNAs of the Neanderthal and modern humans was estimated to be about four times older than the age of the MRCA of modern human mtDNAs. These results indicate that there is no genetic contribution of Neanderthals to the mtDNA gene pool of modern European populations. This discontinuity is supported as well by the mtDNA analyses of the remains of two ca 24,000 old Cro-Magnon type individuals (Caramelli *et al.* 2003). The obtained results have revealed that the mtDNA types of these early anatomically modern pre-LGM European individuals are well within the range of the variation of present-day humans.

During the peak of the Last Ice Age, about 24,000–20,000 YBP, a large part of Europe was unsuitable for human occupation. In the cold period the population of Europe was concentrated to the so-called refuge areas or refugia — regions that maintained more favorable environmental conditions at the LGM-period. After the LGM, northern regions of Europe were gradually re-colonized by Late Upper Palaeolithic populations spreading out from different refugia — the Franco-Cantabrian, Ukrainian and possibly some others, situated, *e.g.* in the southern Alps, in so far less well-identified locations south of the lower Danube and Balkans (Housley *et al.* 1997; Dolukhanov 2000).

One still hotly debated issue on the possible origin of modern Europeans is associated with the onset of farming, its spread in Europe and its genetic influence to the European Mesolithic populations. Two competing hypotheses — the demic and the cultural diffusion models — have been presented. According to the demic diffusion model, food production led to a slow expansion of Neolithic source population from the Near East due to the population growth, resulting from the advantages of agriculture (“wave of advance”, Ammerman and Cavalli-Sforza 1984; Cavalli-Sforza *et al.* 1994). According to the most extreme views, it led to the total replacement of less numerous Mesolithic hunter-gatherers, who had lived in Europe before (Barbujani *et al.* 1998; Chikhi *et al.* 1998; 2002). Yet the classical presentation assumes that the demic diffusion involved a substantial minority of Neolithic newcomers (*ca* 27%), arriving from the Near East — either from Levant or Anatolia (Cavalli-Sforza *et al.* 1994). The model of demic diffusion was embraced also by some linguists (Renfrew 1987) and it was proposed that: 1) the genes of Anatolian and Near Eastern populations; 2) the technology of farming; and 3) Indo-European languages, spoken today in most regions of Europe, were together brought to Europe in the course of the same migration. However, most linguists did not agree with this model and preferred the theory of Marija Gimbutas (1970), according to which Proto-Indo-Europeans had spread west with the Bronze-Age “Kurgan culture” of the eastern European steppe (Mallory 1989; Hines 1991). More recently, an extensive study on 87

languages yielded a support for the Anatolian theory of Indo-European origin (Gray and Atkinson 2003). The study also showed evidence of a period of rapid divergence giving rise to the Italic, Celtic, Balto-Slavic and Indo-Iranian families in a close time frame to that suggested for a possible Kurgan expansion. Thus, these two linguistic hypotheses need not be mutually exclusive. Several theories have been postulated also on the formation of the Finno-Ugric branch of the Uralic language family, spoken by a minority of inhabitants of Europe, like, for example, by the Finns, Karelians, Estonians and the Saami. The earliest hypotheses associated the arrival of Finno-Ugric speakers from the Volga-Oka River region, which was assumed to be the Uralic homeland, in Europe *ca* 6000 YBP with a Neolithic Combed Ware culture. According to the latest hypotheses, the migration of Finno-Ugric speakers occurred from the south, almost simultaneously with the retreat of the ice sheets (for review, see *e.g.* Poikalainen 2001; Wiik 2000).

The opposite model of the origin of modern Europeans assumes, on the contrary, that the onset of farming took place not because of any significant migration of people from the Near East, but because of a cultural transition in the form of diffusion of ideas (Barker 1985; Whittle 1996). One intermediate model, the pioneer colonization, assumes the selective migration of only small groups from western Asia (Zvelebil 1986; 2000; van Andel 2000) and the continuity of indigenous Mesolithic populations. This last model, with some modifications (Wilson *et al.* 2001), explaining the presence of the Neolithic component in comparable frequencies to this of Central and South Europe, also in North and northeastern Europe, has also gained support from mtDNA studies (Richards *et al.* 1996; 2000; Torroni *et al.* 1998; Richards 2003), where it was suggested that most of the contemporary maternal lineages in Europe have their ancestry in the Late Glacial expansions within Europe, associated with the climatic improvements following the last Ice Age, whereas only a minor part is dated either to the initial early Upper Palaeolithic settlement of the continent by AMHs (hg U), or brought to Europe by later immigrants during the early Neolithic (hgs J, T1, U3 and few subclusters of H and W, Richards *et al.* 2000). The scenario of limited contribution (20–25%) of the Neolithic component to the gene pool of modern Europeans has been supported also by studies of Y-chromosomal markers (Rosser *et al.* 2000; Semino *et al.* 2000; Scozzari *et al.* 2001).

3. AIMS OF THE PRESENT STUDY

The main goal of the present study was to improve the knowledge about mtDNA variation in Europe and in its surrounding regions. Inasmuch as there is evidence that the vast majority of the present-day European genes descend from indigenous Palaeolithic ancestors (Richards *et al.* 2000; Semino *et al.* 2000; Richards 2003), a better understanding of genetic variation requires the reconstruction and distinction of the gene pools in different glacial refugia. In order to draw conclusions about the processes that might have been involved in the shaping of present mtDNA diversity, the aim of this study was to apply, where possible, the phylogeographic approach on the mtDNA lineage clusters, which are common and widespread in Europe. Hgs U, V and X were taken into specific focus to analyze their possible expansion times and distribution in different populations.

One particularly fascinating example in the European genetic landscape is the Saami population, shown to be a genetic “outlier” in Europe. Here, my aim was to shed further light on the questions of their genetic history.

The following questions were posed:

1. What might have been the main processes that have shaped present mtDNA variation in Eurasia? Which are the “molecular signals” that can be associated with the major prehistoric population movements?
2. What is the phylogenetic affiliation of mtDNA lineages spread among the Saami in the Eurasian context?
3. From where did these mtDNA lineages possibly arise? How did they reach northernmost Fennoscandia?

4. SUBJECTS AND METHODS

The experimental basis of the current thesis relies on the analysis of mtDNA variation in the following populations, analysed by the author: 73 Swedish Saami (from Norrbotten county, Sweden), 557 Estonians (from Tartumaa, Järvamaa, Jõgevamaa, Ida- and Lääne-Virumaa, Läänemaa, Põlvamaa, Valgamaa, Viljandimaa, Võrumaa, Harjumaa, Pärnumaa and Saaremaa county, Estonia), 398 Swedes (from Skåne, Södermanland, Uppland, Norrbotten county and from island Gotland, Sweden), 299 Latvians (from North and South Curonia, Lettigallia and Semigallia, Latvia), 45 Lithuanians (from Lithuania), 199 Albanians (from Tirana, Albania), 102 Mordvin (from Mordovia, Russia), 136 Komis (from Komi Republic and Komi-Permyak Autonomous district, Russia), 101 Udmurts and 40 Bashkirs (from Bashkortostan, Russia), 55 Chuvashes (from Chuvashia, Russia), 40 Tatars (from Tatarstan, Russia), 116 Hungarians (from Pest county, Hungary), 40 Khants and 38 Mansis (from Khanty-Mansiisk Autonomous District, Russia) and 388 Turks (from Cappadocia, Turkey). DNA samples were collected in collaboration with the Institute of Biochemistry and Genetics, Ufa, Russia (Dr. Elza Khusnutdinova), Gotland University, Visby, Sweden (Dr. Lars Beckman), Institute of Forensic Sciences, Budapest, Hungary (Dr. S. Füredi), Faculty of Natural Sciences of Tirana University, Tirana, Albania (Dr. I. Mikerezi), Medical Academy of Latvia, Riga, Latvia (Dr. A. Krumina) and University of Kiel, Kiel, Germany (Dr. M. Gölge). DNA samples were collected from healthy unrelated individuals after obtaining informed consent. In addition, all U5 samples (in ref. I) were analyzed by the author for markers in the mtDNA coding region.

DNA samples were amplified by PCR reaction and sequenced for 360 bp in HVS-I region (nps 16024–16383), using the primers from Vigilant *et al.* (1989). Descriptions of methods are given in references I–III. The sequences were aligned and polymorphic nps were determined using the Genetics Computer Group Wisconsin Package. The HVS-I sequences were reported in terms of mutations of CRS (Anderson *et al.* 1981). The haplogroup affiliations were affirmed by RFLP analysis of informative coding region nps, according to the present mtDNA nomenclature (see ref. I). Haplogroup and haplotype frequencies as well as diversities (calculated as in Nei 1987) of particular lineage clusters and sub-clusters were calculated and compared, including the available published data. Population data were compared by the use of principal component analysis (program POPSTR), based on haplogroup frequencies. For further analysis, the phylogenetic networks relating different haplotypes (as described in Bandelt *et al.* 1995; 1999) were constructed. The time estimates for founding haplotype clusters were calculated by use of statistic ρ , the average transitional distance from the putative founder sequence, and calibrated using a transition rate of 1 in 20,180 years for the HVS-I region between nps 16090–16365 (Forster *et al.* 1996). The standard error (σ) was calculated as in Saillard *et al.* (2000a).

5. RESULTS AND DISCUSSION

There are several possibilities to analyze the data of uniparentally inherited marker systems. One may compare the mtDNA variation (*e.g.* frequencies of haplogroups) between different populations or population groups in order to find out the similarities and differences in the composition of their maternal gene pools (reference V). Alternatively, one may apply a phylogeographic approach in order to study the global spread of particular lineages (references II, III and IV). The two approaches can be combined (references I), so that a wide phylogeographical analysis of the major maternal lineages present in a population (here, in the Fennoscandian Saami) can provide information, which helps to shed light on the pre-history of the population under study. This approach can be particularly informative in combination with a parallel and phylogeographically comparable study of Y-chromosomal heritage. In this dissertation, the main stress will be on the results associated with mtDNA analysis.

5.1. The phylogenetic affiliation of the maternal lineages of the Saami on the Eurasian mtDNA tree (Ref. I, II, V)

5.1.1. MtDNA analysis of the Saami and some notes about their Y chromosomal variation

Our analysis of Swedish Saami, combined with the reanalysis of previously published sequences of other Saami populations from Finland and Norway (Sajantila *et al.* 1995; Dupuy and Olaisen 1996; Delghandi *et al.* 1998) showed that the “outlying” status of the Saami is caused by relative haplogroup proportions in their mtDNA pool, not by distinctive phylogeographical affiliations of their maternal lineages (fig. 2A in ref. I). As a specific novelty, we have shown that there is little, if any, historic gene flow from Samoyedic- and Ugric-speaking populations from Siberia to Fennoscandia alongside the Arctic zone. The Saami mtDNA pool consists predominantly of two haplogroups that are widely spread in Europe: V and U5 (table 1 and 2 in ref. I; fig. 2 in ref. V; table 1 in ref. II). These haplogroups together cover more than 90% of the Saami mtDNA lineages. The rest of the variation is shared by European-specific hgs H, W and T (fig. 1 in ref. I). Only a small fraction of mtDNA variants shows the contribution from eastern Eurasia (hgs D5 and Z1, table 1 in ref. I). The most plausible explanation for the unconventional frequency pattern of mtDNA haplogroups among the Saami is that genetic drift (bottleneck and founder-effect) has had a major role in shaping the mtDNA pool of this small European population. One can bring many examples from literature showing that small

isolated populations may drastically differ, in haplogroup frequencies, from their “parent population”. For example, the Maori mtDNA pool in New Zealand is composed almost exclusively of hg B (Murray-McIntosh *et al.* 1998), though that of the likely ancestors of the Maori in Southeast Asia is diverse.

Although the Saami Y-chromosomal heritage is not the topic of this PhD dissertation, it seems appropriate to discuss it here briefly. In contrast to mtDNA, the Saami Y-chromosomal pool does not differ profoundly from that characteristic to their geographical neighbours, in particular as far as the Finnic-speaking populations are concerned (fig. 2B in ref. **I**). Compared to Germanic-speaking populations of Fennoscandia — Swedes and Norwegians — the Saami Y-chromosomal repertoire is rich in hg N3 (*alias* hg 16 or the TatC allele, in older literature, incl. ref. **V**). N3 encompasses most of the Y-chromosomal lineages among the Saami and in many other North European as well as northern Asian populations, whereas its frequency is less than 10% in the Norwegians and Swedes (table 3 in ref. **I**). The highest frequency of N3 (TatC) has been observed among Yakuts and Buryats (fig. 6 in ref. **V**). Here, it is important to note that N3 is by far more diverse in eastern Europe than in Siberia (fig. 5 in ref. **V**). Moreover, sister-branch of hg N3, N2 (previously hg 12, which was earlier and in ref. **V** considered as the ancestral group of N3) is also well present in eastern European, and, in particular, in several Siberian populations (table 3 in ref. **I**). Therefore, although the Saami share their predominant hg N3 with many Siberian populations, we do not need to assume recent directional gene flow from Siberians to the Saami. Yet a common Y-chromosomal ancestry of many northern Eurasian populations and the Saami (as well as the Finns, Estonians, Latvians *etc.*) is obvious, probably going back to deep pre-historic, likely Palaeolithic times.

5.1.2. Phylogeography of haplogroup U5b1b

Most of the U5b lineages spread among the Saami possess the so-called “Saami-motif” — a combination of three transitions, 16144 (T to C), 16189 (C to T) and 16270 (C to T) in their HVS-I sequences, which was previously believed to be restricted only to the Saami — occasional findings from neighbouring populations, in the Karelians and Finns, were explained by their admixture with the Saami (Sajantila *et al.* 1995; Meinilä *et al.* 2001).

We analysed the informative coding region nps (table 4 in ref. **I**) in U5b topology and showed that “the Saami variant” of U5b (U5b1b1), predominant among the Saami, is widely spread among different eastern European populations, extending, at very low frequencies, also to western Europe and to the Caucasus (fig. 3B and table 1 in ref. **I**).

On the other hand, U5b1b1 forms a sub-branch of a lineage cluster, defined here as U5b1b (5656G, 7385G, 10927C). Phylogeographic analysis of U5b1b

revealed that this haplogroup, similarly to V, another major haplogroup in Saami (see also ref. II), has a greater diversity in western than in eastern Europe, supporting a scenario, according to which they both started their expansion after the LGM from western parts of Europe, possibly from Franco-Cantabrian refugium. Meanwhile, the analysis of different European populations suggests that these haplogroups have likely reached northern Fennoscandia not along the Atlantic coast of the Scandinavian Peninsula, but rather via the “eastern route” (fig. 4 in ref. I), as the haplotypes of hgs U5 and V of the Saami are well present in eastern European populations. The phylogeographic pattern of U5b1b1 suggests that this particular sub-clade might have arisen in East Europe.

The solitary location of the Saami in the European genetic landscape has been interpreted both as a significant Mongoloid component in their gene pool and their possible Siberian ancestry (Cavalli-Sforza *et al.* 1994, and references therein) or by an early split and further genetic isolation of the Saami from other Europeans (Sajantila *et al.* 1995). The main reason why earlier studies of uniparentally inherited genetic markers could not shed clear enough light on the question about the place of maternal lineages of the Saami in the Eurasian mtDNA tree was the lack of appropriate phylogenetic resolution and phylogeographic width. In light of new data, the phylogenetic analysis of mtDNA (table 2) as well as Y-chromosomal markers clearly revealed that both maternal and paternal lineages of the Saami originate from the same sources as those of other northern European populations.

Table 2 Frequencies (%) of predominant mtDNA haplogroups of the Saami in some northern Eurasian populations (data from ref. I)

Population	Region	n	V	U5b1b1	H1	D5	Z
Saami	Europe	445	41.6	47.6	2.5	3.1	1.3
Swedes	Europe	503	3.2	0.8	3.4	0	0.4
Finns	Europe	641	6.4	6.7	3.6	0.2	1.5
Estonians	Europe	545	3.3	0.7	4.8	0.2	0
Russians	Europe	761	3.8	1.2	1.2	0	0.3
Mordvin	Europe	111	3.6	2.7	0	0	0
Khants	Siberia	255	0	0	0	0	0
Mansis	Siberia	138	0.7	0	0	0.7	0
Nganasans	Siberia	131	0	0	0.8	0	2.3
Nenets	Europe/Siberia	137	0	0	0	0	0
Selkups	Siberia	120	0	0	0	0	0

5.2. Post-LGM re-colonization of Europe and beyond as revealed from phylogeographical pattern of the maternal lineages (Ref. II, III, IV)

In order to find traces of putative post-LGM large-scale demographic events, including migrations linked to climatic and environmental changes, from the genetic heritage of European populations, we carried out several phylogenetic and phylogeographic case studies involving mtDNA haplogroups that are spread over Europe (and beyond).

5.2.1. MtDNA haplogroup V (ref. II)

The analysis of hg V, and its presumable phylogenetic precursors — different variants of pre*V, in several populations from Europe and surrounding regions showed that while pre*V tends to be scattered throughout Europe as well as in northern Africa, hg V has two peaks of frequency: one in southwestern Europe (at highest frequency in the Basques — 12%) and the other in Fennoscandia, among the Saami (52%, table 1 and fig. 3 in ref. II). This frequency pattern suggests that one of those regions might be the place from where the expansion of hg V started. However, relatively recent extreme manifestations of random genetic drift (bottlenecks and subsequent founder-effects) might have strongly affected the observed haplogroup frequency patterns. To address this issue, the diversity values for populations contributing more than 5% to the total V dataset were calculated (table 2 in ref. II). The exclusion of populations with low hg V diversity values erased the frequency peak in Scandinavia but did not affect the one in southwestern Europe (fig. 4 in ref. II). The age estimates for different subsets of hg pre*V showed that the expansion of pre*V probably took place already before the LGM (table 3 in ref. II). The same calculations for hg V showed that the expansion of hg V was more recent. At the same time, the coalescence age of hg V in the west ($16,300 \pm 4,800$ YBP) is almost twice of that in the east ($8,500 \pm 2,300$ YBP, see table 3 in ref. II). Geographical distributions and time estimates can be interpreted in such a way that while hg pre*V originated in Europe before the LGM, then hg V seems to have arisen in a southwestern European refugium after the LGM and reached eastern and southern Europe even much later.

5.2.2. MtDNA haplogroup X (ref. III)

While different mtDNA haplogroups, as a rule, have relatively restricted geographical spread, hg X is an exception. It is found at low frequencies both in western Eurasia (Richards *et al.* 2000) and in northern populations of Native Americans (Ward *et al.* 1991; Forster *et al.* 1996; Brown *et al.* 1998; Malhi *et al.* 2001; Malhi and Smith 2002). Most importantly in this context, hg X has not been found among modern northern Siberian populations or from East Asian populations — the possible source populations for Native Americans. Hg X, however, has been detected in Altaian population and it was suggested that this is a trace that speaks in favour of the Beringian flow of hg X chromosomes to North America (Derenko *et al.* 2001).

In this study, five mtDNAs from hg X were completely sequenced. A maximum parsimony tree, which additionally included 16 published complete sequences of hg X, was constructed in order to dissect the hg X variation into sub-clades and to analyze their spatial distribution. Our analysis showed that hg X lineages can be grouped into two basic branches, X1 and X2. The former is largely restricted to North and East Africa, whereas X2 is spread widely throughout western Eurasia (fig. 1 in ref. III).

X2, which started its spread most probably from the Near East, can be further dissected into six sub-clades (fig. 1 and 2 in ref. III). One of those, X2a, is found only among some northern Native American tribes. This American-specific sub-clade has derived from X2 by a unique combination of five mutations (fig. 1 in ref. III) and is not related to those few hg X2 members that are so far found from Siberia (Derenko *et al.* 2001), speaking strongly against a cited above suggestion that brought together the Altaian and Amerind hg X variants.

One third of the European hg X sequences belong to sister-groups X2b and X2c. Populations from southern Europe possess hg X2 at higher frequencies than those from northern and northeastern populations ($p < 0.05$). Hg X2 is very rare in eastern European populations (table 1 in ref. III). Expansion time estimates of X2, based on HVS-I and coding region variation, are $17,900 \pm 2,900$ YBP and $21,600 \pm 4,000$ YBP, respectively (fig. 1 and 2 in ref. III). These estimates are consistent with the expansion of X2 around and, possibly, just after the LGM, when the climate started to improve. For X1, the HVS-I based time depth is significantly older ($42,900 \pm 18,100$ YBP), though associated with large standard errors, likely due to smaller sample size and less star-like tree topology. This peculiar topology of X1 suggests that possibly only a restricted variation of this cluster has survived from the early Upper Palaeolithic period; it also suggests an early split between X1 and X2.

5.2.3. MtDNA haplogroups U4 and U5 (ref. IV)

Phylogeographic analysis of the two largest subclusters of common and widespread western Eurasian hg U – U5 and U4 – was performed.

U5 is a “major prototype” western Eurasian mtDNA clade. Its coalescence age is 45,000–53,000 YBP and the phylogeny of U5 is shown to be non-star-like (Richards *et al.* 2000). The essential question for our work was to understand whether this topologically complex clade can be “resolved” into subclusters of a more ordered topology, thus offering, compared with hg U5 as a whole, better insights into the recent patterns of the spread and expansion of western Eurasians.

Our analysis of a large dataset of U5 mtDNAs ($n = 526$) based mostly on HVS-I sequences and essential diagnostic site for hg U (+12,308 *Hinf*I) revealed that U5 ramifies into many potential sub-founders (fig. 35.1 in ref IV; fig. 6). The important aspect of this analysis was that almost all of them show a star-like topology and exhibit post-LGM coalescence ages around the end of the Pleistocene period. These findings suggest that hg U5 underwent a post-LGM expansion phase. Furthermore, this temporal pattern is similar to that of hgs V and X (ref. II and III, see also table 3).

Hg U5 is relatively frequent all over western Eurasia (Richards *et al.* 1998; Richards *et al.* 2000), whereas U4 seems to be more frequent in eastern Europe (Bermisheva *et al.* 2002) and is either absent or very rare in the Near East (Al-Zahery *et al.* 2003; Kivisild *et al.* 2003a) and elsewhere. Its highest frequencies can be actually observed in Ob-Ugric Khants and Mansis, who live nowadays on the eastern side of the Ural Mountains (Derbeneva *et al.* 2002b, our unpublished data). The coalescence age of U4 was suggested to lay around 16,000–25,000 YBP (Richards *et al.* 2000). The phylogenetic tree of U4 (fig. 35.2 in ref. IV) that we constructed from hg U4 mtDNAs ($n = 386$) shows a limited number of subfounders. Sub-clade U4a (defined by HVS-I motif 16134–16356) and U4b (defined by HVS-I motif 16179–16356) likely encompass monophyletic lineages. Lineage cluster U4c (defined by HVS-I motif 16356–16362) is more likely a paraphyletic group because np 16362 is one of mutational “hotspots” (see section 2.2.3.). We calculated the coalescence ages for different subfounders in different geographical subsets of U4 and found that in eastern Europe, the coalescence ages are more or less the same for all main founder-haplotypes (except for U4b, that is very rare in eastern regions of Europe), being around the LGM. Taking into account the data from other disciplines (*e.g.* Dolukhanov 2000), this might suggest that the expansion of U4 in eastern Europe started during the formation of the Periglacial (northern Ukrainian) refugium around the peak of the LGM. The corresponding values in western Europe are, again, around the end of Pleistocene, close to those for hg V (ref. II) and subclusters of hg U5.

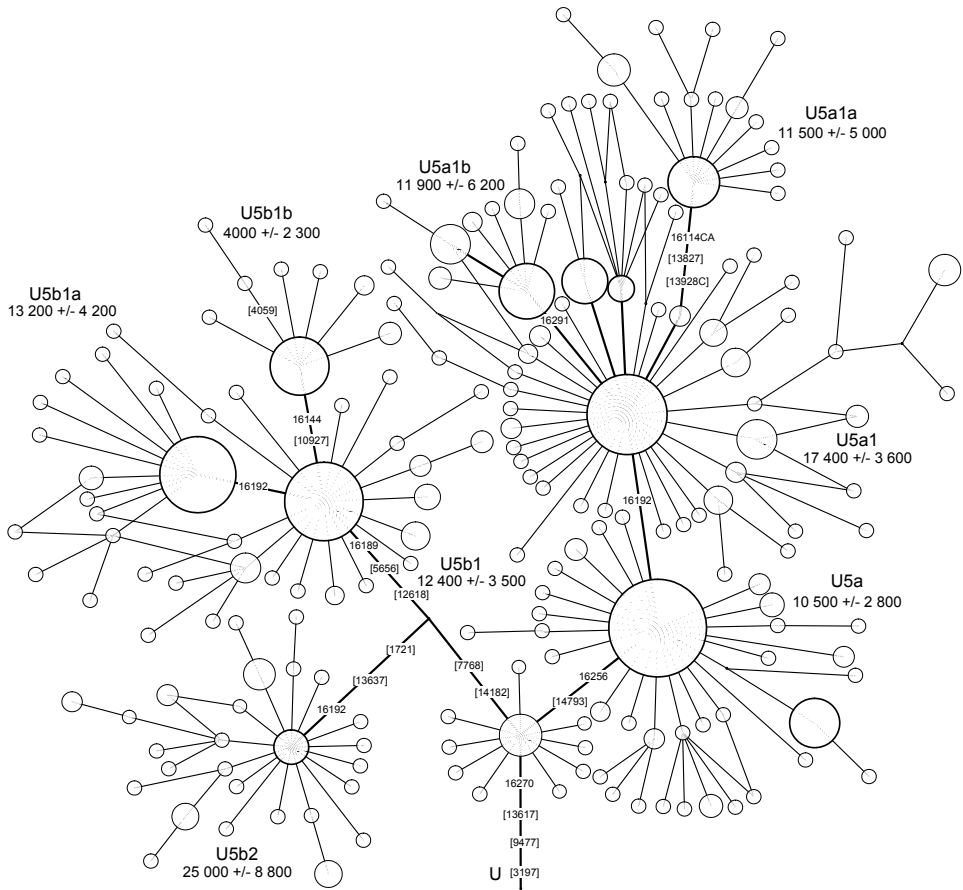


Figure 6 Phylogenetic network of haplogroup U5 HVS-I sequences ($n = 526$). Coalescence ages for larger subhaplogroups are indicated. Coding region information is from Finnilä *et al.* 2001 and Herrnstadt *et al.* 2002 (note that the definition of subhgs is in some cases different here). Populations used in coalescence age calculations are given in the footnote of table 3.

Table 3 Coalescence ages of different subsets of haplogroups U4, U5, V and X

Hg	Region	n	ρ	T	ΔT	reference
U4a	Europe	82	0.829	16,700	4,300	IV
U4a	Eastern Europe	50	1.000	20,200	5,900	IV
U4a	Western Europe	27	0.519	10,500	3,500	IV
U4b	Europe	31	0.355	7,200	2,700	IV
U4b	Western Europe	17	0.529	10,700	4,600	IV
U4c	Europe	31	1.000	20,200	7,500	IV
U5a	Europe	94	0.521	10,500	2,800	IV
U5a1	Europe	87	0.862	17,400	3,600	IV
U5b1	Europe	67	0.612	12,400	3,500	IV
U5b1b1	Europe	118	0.212	4,300	1,400	I
U5b2	Europe	25	1.240	25,000	8,800	IV
V	Europe	205	0.556	11,200	2,700	II
V	Western Europe	98	0.806	16,300	4,800	II
V	Eastern Europe	81	0.420	8,500	2,300	II
X2	Eurasia, Africa	159	0.887	17,900	2,900	III
X2	Europe	28	1.143	23,100	2,100	III

NOTE: Hg — haplogroup; n — sample size; ρ — the average mutational distance to the assumed founder haplotype of the cluster; T — time to the most recent common haplotype of sequences under survey (calculated as in Forster *et al.* 1996); ΔT — standard error (as in Saillard *et al.* 2000a). Coalescence age calculations are based on the phylogenetic networks in fig. 3B (ref. I); fig. 2 (ref. II); fig. 2 (ref. III); fig. 35.1 and 35.2 (ref. IV); fig. 6. In case of U4 and U5, the HVS-I sequences of the following populations were used (given in alphabetical order):

Albanians (Belledi *et al.* 2000; our unpublished data); Austrians (Parson *et al.* 1998); Bashkirs (Bermisheva *et al.* 2002); Basques (Bertranpetit *et al.* 1995; Corte-Real *et al.* 1996); Bulgarians (Calafell *et al.* 1996; Richards *et al.* 2000); Chuvashes (Richards *et al.* 2000; Bermisheva *et al.* 2002); Crete (our unpublished data); Czechs (Richards *et al.* 2000; our unpublished data); Croats (our unpublished data); Danes (Richards *et al.* 1996); English (Piercy *et al.* 1993; Richards *et al.* 1996; 2000; Helgason *et al.* 2000); Estonians (Sajantila *et al.* 1996; our unpublished data); Finns (Sajantila *et al.* 1995; Richards *et al.* 1996; Kittles *et al.* 1999; Finnilä *et al.* 2001); French (Rousset and Mangin 1998; Danan *et al.* 1999; Richards *et al.* 2000; our unpublished data); Germans (Richards *et al.* 1996; Hofmann *et al.* 1997; Baasner *et al.* 1998; Lutz *et al.* 1998; Pfeiffer *et al.* 1999); Greeks (Richards *et al.* 2000); Hungarians (our unpublished data); Icelanders (Helgason *et al.* 2000); Irish (Richards *et al.* 2000); Italians (Francalacci *et al.* 1996; Richards *et al.* 2000; our unpublished data); Karelians (Sajantila *et al.* 1995); Khants (our unpublished data); Komis (Bermisheva *et al.* 2002); Lithuanians (our unpublished data); Mansi (Derbeneva *et al.* 2002b; our unpublished data); Maris (Bermisheva *et al.* 2002); Mordvin (Bermisheva *et al.* 2002); Nenets (Saillard *et al.* 2000b; Norwegians (Opdal *et al.* 1998; Helgason *et al.* 2000; our unpublished data); Poles (Richards *et al.* 2000; our unpublished data); Portuguese (Corte-Real *et al.* 1996); Romanians (Richards *et al.* 2000); Russians (Orekhov *et al.* 1999; our unpublished data); Saami (Sajantila *et al.* 1995; Dupuy and Olaisen 1996; Delghandi *et al.* 1998); Sardinians (Di Rienzo and Wilson 1991; Richards *et al.* 2000); Scots (Helgason *et al.* 2000); Sicilians (Richards *et al.* 2000; Forster *et al.* 2002; our unpublished data); Slovaks (our unpublished data); Spaniards (Corte-Real *et al.* 1996; Salas *et al.* 1998; Crespiello *et al.* 2000); Swedes (Sajantila *et al.* 1996); Swiss (Pult *et al.* 1994; Dimo-Simonin *et al.* 2000); Tatars (Bermisheva *et al.* 2002); Udmurts (Bermisheva *et al.* 2002); Ukrainians (our unpublished data); Welsh (Richards *et al.* 1996; 2000).

Whereas Richards *et al.* (1996) re-opened discussion about the role of neolithization in the extant mtDNA gene pool of European populations and while Torroni *et al.* (1998) gave the first hint that the phylogeography of hg V may be interpreted as a sign of post-glacial population expansion from refugia, it became also clear that by far more comprehensive data sets are needed to reveal whether such kind of molecular signals are indeed general or do they reflect demographic events of isolated nature. Why such a question was relevant to ask arose also from the fact that hg V is only a minor haplogroup in the European mtDNA pool. Secondly, hg V was also well present in Northwest Africa (Torroni *et al.* 1998), which made the place of its initial expansion unclear. Thirdly, at that time, next to nothing was known about the phylogeography of hg V in eastern Europe — except of its very high frequency among the Saami population.

Furthermore, while a paper by Richards and collaborators (Richards *et al.* 2000) suggested ages for major (and some minor) western Eurasian mtDNA haplogroups, it left unanswered an equally important question about their “demographic history” after their arrival in Europe. The task of my work was to see whether there are systematic signals for expansion, present in many haplogroups, and if there is, then what is their possible time frame.

Presented here results confirm and extend a concept (Richards *et al.* 1996; 2000) that the current basic branches of the European mtDNA tree that were present in Europe/western Eurasia already before the LGM, were involved in the post-LGM recolonization processes. This conclusion is based not only on the coalescence age calculations of various subsets of mtDNA haplogroups, but equally so on phylogeographic evidence. In this respect, one may suggest that the sum of demographic events that consists of the LGM-generated contraction of pre-LGM European populations into a limited number of largely isolated refugia for many millennia, followed by recolonization of northern Europe, has had a profound effect on shaping the present phylogeographic pattern of mtDNA lineage clusters. As was first suggested based on an example of hg V (Torroni *et al.* 1998), “molecular signals” from such events can be traced from a detailed phylogeographic study. The results presented here demonstrate that the “post-LGM expansion signal” is seen equally well in hgs V, X, U4 and U5 (table 3), allowing to generalize the concept.

6. CONCLUSIONS

The results of the present study can be summarized as follows:

1. We have shown that the dissection of mtDNA variation into precisely — defined monophyletic units. *i.e.* sub-branches of the more widely spread and therefore less informative “classical” haplogroups like U5, U4 and X, is essential in the identification of phylogeographically informative spatial frequency patterns, in order to find their possible association with demographic events. The estimations of expansion times of mtDNA hgs V, U and X let us suggest that their spread began from different European refugia soon after the end of the LGM and the melting of the Fennoscandian Ice Sheet.
2. We have shown — with the example of the Saami — that calculations of genetic distances between populations, without knowledge about the phylogenetic relationships between compared characters, can lead to interpretations of a dubious value concerning questions like the genetic “origin” of a population. Seemingly quantitative, such an analysis tends to expose aspects that do not allow one to distinguish “outliers” — in the strict meaning of this term, from phenomena generated by genetic drift. The mtDNA and Y-chromosomal analysis of the Saami showed that the “outlying” position of the Saami in the genetic landscape of Europe is generated by the effects of genetic drift and not by the different origin of their maternal and paternal lineages from those of other Europeans/European Finnic-speakers.
3. Our results confirm that all sub-populations of the Saami are characterized by a restricted variation of maternal lineages predominantly European in origin (hg V and U5). Less than 5% of mtDNA variants, spread among the Saami, belong to eastern Eurasian-specific haplogroups. A deep phylogenetic analysis of the “Saami-specific” hg U variants in a comprehensive European-Siberian context allowed us to demonstrate that:
 - 3.1. the “Saami U5” — U5b1b1 — is actually present, though at low frequencies (up to 7%), but highly diversely, in a wide area all over Europe, in particular in East Europe;
 - 3.2. U5b1b1 is virtually absent in the mtDNA pool of Siberian populations;
 - 3.3. the phylogeographic pattern of the phylogenetic precursor of U5b1b1, clade U5b1b, suggests that it, like hg V, has started to spread after the LGM from the western, rather than from eastern Europe. Both of them most probably reached northern Fennoscandia via eastern Europe.

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KOKKUVÕTE

Eukarüootsetes rakkudes leidub pärilikkusainet lisaks rakutuumale veel ka organellide — mitokondrite ja kloroplastide — maatriksis. Imetajate mitokondri umbes 16 600 aluspaariline rõngasjas genoom pärandub põlvkonnast põlvkonda vaid emaliinis ja muteerub tuuma omast umbes suurusjärgu võrra kiiremini — see lihtsustab evolutsioonilises ajaskaalas suhteliselt hiljuti lahknenu geeniiliinide eristamist ja sellise “noore” liigi nagu *Homo sapiens* geneetilise mitmekesisuse uurimist. Eeldatakse, et mitokondriaalse DNA (mtDNA) varieeruvuse ja erinevate geeniliinide geograafilise leviku kujundamisel on põhiroll olnud juhuslikul geneetisel triivil ja erinevaid mtDNA variante kandvate inimrühmade demograafilisel ajalool. Tänu sellele on mtDNA, eriti viimase kümne-konna aasta jooksul, leidnud laialdast rakendust kaasaegse inimese kujunemise, tema eelajalooliste migratsioonide ja geneetilise varieeruvuse uurimisel.

Töö kirjanduse ülevaate osas kirjeldatakse mtDNA kui geneetilise marker-süsteemi omadusi ja põhilisi uurimismeetodeid ning käsitletakse mtDNA globaalsest varieeruvust. Lühidalt puudutatakse ka erinevaid teooriaid kaasaegse inimese päritolu ja leviku kohta ning käsitletakse tähtsamaid mtDNA-ga seotud uurimistöid, mis vaekausi hiljutise Aafrikast väljarände hüpoteesi kasuks on kallutanud. Selle hüpoteesi kohaselt pärineb kõikide kaasaegsete inimeste mtDNA umbes 200 000 aastat tagasi Aafrikas elanud eellase mtDNAst. Mõned selle nn. “mitokondriaalse Eeva” järeltulijad rändasid umbes 60 000 aastat tagasi Aafrikast välja ja koloniseerisid ajapikku kõik kontinendid peale Antarktika. Sellega kaasnes teistel kontinentidel elanud perekond *Homo* vormide väljasuremine, kuid nende kahe protsessi vaheline võimalik vahetu põhjuslik-tagajärgne seos nõuab veel kinnitust. Praegu kasutusel olevas mtDNA tüüpide nomenklatuuris jagatakse mtDNA erinevad variandid kindlate polümorfismide alusel haplogruppideks, mis tänapäevases, mtDNA varieeruvust käsitlevas kirjanduses on ühtlasi iseloomustatavad kui monofüleetilised klaadid. Haplogrupp hõlmab erinevaid haplotüüpe, mis kõik omavad haplogruppi defineerivat ühte või enamat polümorfismi, kuid erinevad haplogruppisiselt tekkinud mutatsioonide osas. MtDNA analüüs erinevates maailma populatsioonides on näidanud, et haplogruppide geograafiline levik on suuremal või vähemal määral kontinendispetsiifiline. Käesolevas doktoritöös on põhirõhk asetatud Euroopa populatsioonide mtDNA varieeruvuse ja selle kujunemise põhjuste uurimisele. MtDNA fülogeneesipuu detailide uurimisel on oluline tunda puu üldist topoloogiat — erinevate harude ajalise ja ruumilise hargnemise seaduspärasusi. Seetõttu ei saa puu tipmiste harude, mille hulka kuuluvad ka Euroopa mtDNA variandid, kirjeldamisel mööda basaalse harude tundmisest — lisaks Euroopa mtDNA mitmekesisuse tutvustamisele antakse kirjanduse ülevaates lühikokkuvõte mtDNA globaalsest varieeruvusest.

Ehkki Euroopas on emaliinide varieeruvust teiste Vana ja Uue Maailma kontinentidega võrreldes oluliselt rohkem uuritud, on siinselgi geneetisel

kaardil “valgeid laiike”, mille puhul olemasolevaid andmeid interpreteerida ja üldisesse konteksti sobitada ei osata. Käesolevas töös on püütud saamide ema- (ja isa-) liinide uurimisega valgustada üht sellist erandlikku juhtu (artiklid I ja V). Töö teiseks lähenemisenurgaks on Euroopas ja kaugemalgi levinud emaliinide, mis kuuluvad haplogruppidesse U, V ja X, fülogeograafiliste mustrite ja nende kujunemise võimalike põhjuste analüüs (artiklid I–IV).

Töö autori poolt läbi viidud eksperimentaalne osa hõlmab 73 Rootsi saami, 557 eestlase, 398 rootslase, 299 lätlase, 45 leedulase, 199 albaanlase, 102 mordvalase, 136 komi, 101 udmurdi, 55 tšuvaši, 40 baškiiri, 40 tatarlase, 116 ungarlase, 40 handi, 38 mansi ja 388 türklase mtDNA analüüsi. MtDNA varieeruvuse väljaselgitamiseks amplifitseeriti iga proovi mtDNA esimene hüpervarieeruv regioon (HVS-I) ja sekveneeriti selle 360 aluspaari vahemikus 16 023–16 383. Uuritavate mtDNAde haplogrupiline kuuluvus tehti kindlaks restriksioonanalüüsi või polümorfsete piirkondade sekveneerimisega. Populatsioonide mtDNA profiilide võrdlemiseks kasutati haplogruppide sagedustel rajanevat põhikomponentanalüüsi. Erinevate haplotüüpide fülogeneetiliste suhete analüüsiks kasutati mediaanvõrgustiku meetodit. Haplogruppide ekspansioonaja alguse hindamine toimus järjestuste varieeruvuse alusel: selleks arvutati uuritavasse haplogruppi kuuluvate haplotüüpide keskmine transitsiooniline kaugus (ρ) arvatavast fülogeneetilisest eellashaplotüübist. Saadud väärtus teisendati ajaliseks hinnanguks HVS-I piirkonna (vahemikus 16 090–16 365) transitsioonide keskmise fikseerumiskiiruse (1 transitsioon 20 180 aasta kohta) alusel.

Töö põhilised tulemused on:

1. Euroopas laialt levinud mtDNA haplogruppide U4, U5 ja X fülogeograafiline analüüs näitas et “klassikaliste” emaliiniklastrite klassifitseerimine hästidefineeritud monofüleetilisteks alamhulkadeks on nende erinevate harude fülogeograafilise levikumustri uurimisel esmatähtis ja võimaldab ühtlasi teha järeldusi emaliinide olemasoleva ruumilise jaotuse kujunemise aja ja põhjuste kohta. MtDNA haplogruppide V, U, X alamklastrite ekspansioonaja arvutused lubavad oletada, et nende laialdane levik sai alguse Põhja-Euroopa rekoloniseerimisega kaasnenud populatsioonide ekspansiooniga erinevatest Euroopa refuugiumidest;
2. Euroopa geneetisel maastikul üheks ekstreemseks erandiks peetava populatsiooni — saamide — ema- (ja isa)liinide analüüs näitas, et populatsioonide geneetiliste distantide arvutamine fülogeneetilist aspekti arvesse võtmata võib viia väära interpretatsioonini populatsiooni võimaliku päritolu kohta ja ei võimalda näilisele kvantitatiivsele lähenemisele vaatamata teha vahet geneetiliste “autsaiderite” ja väikeses populatsioonis aset leidnud juhuslikust geenitriivist tingitud eripärade vahel. Meie poolt saadud tulemused näitasid selgesti, et saamide mtDNA ja Y-kromosoomi

markerite osas on saamide geneetilise eripära põhjuseks mitte teistest eurooplastest erinev päritolu, vaid geenitriivist põhjustatud iseäralik alleelisageduste muster;

3. Valdav enamus (umbes 95%) saamide emaliinidest kuulub Euroopas laialt levinud mtDNA variantide, eelkõige haplogruppide U5 ja V hulka. Euraasia idaosale iseloomulike emaliinide (hg M derivaadid) osakaal ei ületa viit protsenti saamidel leitud mtDNA variantide koguhulgast. Siiani üksnes saamidele iseloomulikuks peetud mtDNA haplogrupi U5 variantide fülo-geograafiline analüüs näitas, et:
 - 3.1. saamide seas väga sage haplogrupi U5 alamharu (50% emaliinide koguhulgast), mis siin defineeriti U5 alamhulgaks U5b1b1, on, ehkki madala sagedusega (kuni 7%), esindatud paljudes erinevates Euroopa populatsioonides;
 - 3.2. U5b1b1 puudub enamiku Siberi populatsioonide geenitiigist;
 - 3.3. U5b1b1 eellasklastri U5b1b geograafiline levikumuster lubab oletada, et haplogrupi U5b1b, nagu ka haplogrupi V, ekspansioon sai alguse viimase jääaja maksimumi ajal Euroopa edelaosas asunud refuugiust. Samas on tõenäoline, et haplogruppide V ja U5 tee Skandinaavia põhjaossa on kulgenud Ida-Euroopa kaudu, osana protsessist, mis algas Euroopa põhjapiirkondade taasisustamisega viimase jääaja järgselt.

ACKNOWLEDGEMENTS

This study was carried out at the Department of Evolutionary Biology, in the Institute of Molecular and Cell Biology of the University of Tartu and in the Estonian Biocentre.

My deepest gratitude goes to Prof. Richard Villems, who has been the main driving force formulating the most interesting ideas and questions to investigate. His help has been invaluable for the completion of this work.

I am also grateful to all our co-authors and collaborators who have collected the priceless DNA samples from very different parts of the world. I would especially like to thank Prof. Lars Beckman, for the DNA samples of the Swedish Saami, Dr. Elza Khusnutdinova, for the samples of Volga-Uralic region populations and Dr. Ludmila Osipova and Dr. Mikhail Voevoda, for the samples of Siberian populations.

I would like to express my sincere thanks to all the staff and fellow students from the Department of Evolutionary Biology, for creating an inspiring and pleasant atmosphere in the laboratory, for interesting discussions and valuable criticism during the writing of this dissertation.

I place great value in the friendly environment and people of our Institute and Estonian Biocentre.

I appreciate the excellent technical assistance of Ille Hilpus and Jaan Lind.

And then, I owe a lot to my dearest ones, some of who — both elder and younger — share the identical variant of mtDNA with me. They have encouraged and supported me constantly during my studies and behaved extraordinarily well during all those years when we have together studied the wonders of life.

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Starting from 1992 I have been studying and working in the Department of Evolutionary Biology of the University of Tartu under the supervision of Prof. Richard Villems. I have been involved in projects, associated with the analysis of human mtDNA variation in different Eurasian populations. The results of studies are published in the following articles:

1. **Tambets, K.**, Rootsi, S., Kivisild, T., Help, H., Serk, P., Loogväli, E.-L., Tolk H.-V., Reidla, M., Metspalu, E., Pliss, L., Balanovsky, O., Pshenichnov, A., Balanovska, E., Gubina, M., Zhadanov, S., Osipova, L., Damba, L., Voevoda, M., Kutuev, I., Bermisheva, M., Khusnutdinova E., Gusar, V.,

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Alates 1992 a. olen õppinud ja töötanud molekulaarbioloogia ning seejärel evolutsioonilise bioloogia õppetooli juures. Olen olnud seotud mitmesuguste teaduslike projektidega, mille eesmärgiks on inimese mitokondriaalse DNA varieeruvuse uurimine erinevates Euroopa ja Aasia populatsioonides.

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